1. The immune system is the body’s multi-system defence network against potentially harmful bacteria,viruses and other organisms.

* A healthy lifestyle helps one’simmune sysytem to be in the best shape possible to tackle pathogens,but its better to stop them from entering the body in the first place

The corona virus pandemic has turned the worlds attention to the immune system,the body’s defence force against diseases causing bacteria,virus and other organisms that we touch,ingest and inhale every day.

2. The subsartorial canal also known as Adductor canal serves as passageway for structures moving between the anterior thigh and posterior leg. It transmits the femoral artery,femoral vein (posterior to the artery),nerve to the vastus medialis and the saphenous nerve.

3. \*Extraocular muscles are the six muscles that control movement of the eye and one muscle that controls eyelid elevation (levator palpebrae). The actions of the six muscles responsible for the eye movement depend on the position of the eye at the time of the muscle contraction.

\* Nerve; oculomotor,trochlear and abducens nerve

\*Intraocular muscles includes the cilliary muscle,the sphnicter pupillae,and the dilator pipillae. The muscle is a smooth muscle ring that controls the accommodation by altering the shape of the lens, as well as controlling the flow of aqueous humor into schlemm’s canal

Nerve;ophthalmic nerve,the short and long ciliary nerve.