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CORONA VIRUS PANDEMICS AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENT ON NIGERIANS

COVID 19 is a viral disease which is caused by the virus named Corona and also known as "Corona Virus". It is currently unknown where the virus originated from but was first said to have made contact with the human population in Wuhan province which is located in China.

Corona Virus can only spread through the human species, through the droplets that are released when an individual that is infected sneezes or coughs and another person nearby either directly beside or facing the infected human being breathes it in or the droplet touches the mouth, eyes or nose of the individual close by. It can also be gotten if the droplets fall on a surface and that same surface is touched by someone else and in the process uses the same body part which made contact with the droplets containing the virus to touch either the mouth, eyes or nose. That is why it is specifically stressed that people should always wash their hands with soap and water or use hand sanitizers and the most effective way to avoid the virus is through social distancing which brings us to the crux of the matter which is "The effects of the lockdown and restriction of movement on Nigerians which the Corona Virus Pandemic Caused."

The major effects of the lockdown and restriction of movement on Nigerians which the Corona Virus pandemic has caused is the economic instability especially affecting the poor people which rely

solely on labour to put bread on the table, for without movements how are they supposed to cope when they don't have anything to eat or money and necessary supplies to take care of their families when ever the government is so lackadaisical about the situation affecting its own people.

The next effect is that the pandemic has caused the shutdown of educational institutes like the Primary School, Secondary School, Polytechnics, Universities and College of Education which has destabilized the current curriculum's of the respective Institutes in the sense that they have to find a way to catch up so as not to fall behind which can be achieved through the use of the internet to facilitate online conference and not all students involved necessarily have the facilities like the internet to keep up with this due to how our country is not technologically advanced.

The next effect is that it has made Nigerians so idle and has caused serious boredom due to lack of movement, which leads to the current crisis of stealing, fraud, robbery and other related vices for as it is said "The idle mind is the Devil's workshop".

Another effect is that the ignorant masses especially in the rural areas might not even known what is happening since there's no movement to bring public awareness to them.

The final effect is that due to the lockdown and restriction of movement caused by the Corona Virus pandemic our freedom of movement and freedom of association are seriously restricted which infringes on our fundamental human rights.