**NAME**: Leslie David Chizi Naomi

**MATRICULATION NUMBER**:19/MHS01/236

**DEPARTMENT**: MBBS

**GST 122 ASSIGNMENT**

**REPORT ON CORONA VIRUS PANDEMIC**

Coronavirus diseases (COVID- 19) is an infectious diseases caused by a newly discovered coronavirus.

The COVID-19 spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it’s important that you also practice respiratory etiquette like coughing in your flexed elbow.

At this time, there is no specific vaccines or treatment for COVID-19. However, there are many ongoing trials evaluating potential treatments.

To prevent infection and to slow transmission of COVID-19, do the following:

* Wash your hands regularly with soap and water or clean them with alcohol based hand rub
* Maintain at least 1 meter distance between you and people coughing and sneezing
* Avoid touching your face
* Cover your mouth and nose with your elbow when coughing or sneezing
* Stay home if you feel unwell
* Refrain from smoking and other activities that would weaken your lungs
* Practice physical distancing by avoiding irrelevant travel and staying away from large group of people

The COVID-19 virus affects different people in different ways. COVID-19 is a respiratory disease and most infected people will develop mild to moderate symptoms and recover without requiring special treatment. People who have underlying medical conditions and those over 60 years have a higher risk of developing the severe part of this disease and death.

Common symptoms include;

* Fever
* Tiredness
* Dry cough

Other symptoms include:

* Shortness of breath
* Aches and pains
* Sore throat
* And a very people will report diarrhea, nausea or a runny nose

The effect of lockdown and restrictions of movements on Nigerians has left economic impact on the millions of Nigerians who rely on daily wages particularly in Lagos. The shutdown exempts only critical workers including those selling food, water and medicine but has left many without money to buy food and other essentials. it has also left students with the risk of not developing mentally due to close down of schools. The restriction has also stopped persons from traveling.

**REFERENCES**:

[**https://www.who.int**](https://www.who.int)

**wired.co.uk**

**reuters.com**