

GST 122

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### COVID-19 PANDEMIC

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission <sup>is</sup> to be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).

At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. NIAID will continue to provide updated information as soon as clinical findings become available.

#### → EFFECT OF THE Lockdown Due To The Pandemic:

Some of the most striking images of the impact of the coronavirus outbreak have been photos of empty streets and tourist hotspots in the world's biggest cities.

As parts of attempts to limit the spread of COVID-19, governments have instituted lockdown measures and banned public gatherings. Legal,

Africa's largest city with 21 million people, is attempting to do the same with 11 confirmed cases. By far the most in Nigeria, the state government has asked schools to shutdown and banned public gatherings of more than 50 people, particularly religious congregation.

Due to the lockdown, schools, markets, event centres, shopping malls have also been placed on hold. This has greatly affected many individuals because it is through this they earn their means of livelihood. Also due to the closing of borders some citizens have not been able to go back to their respective work places. Also, due to the lockdown, sporting activities have been postponed till further notice for example; league matches, ~~the~~ UEFA champions league, EFC etc.