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WRITE A REPORT OF NOT MORE THAN TWO PAGES ON CORONA VIRUS PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENTS OF NIGERIANS

## INTRODUCTION:

Corona virus disease (COVID19) is an infectious diseases that was first discovered in 1965 then later reheard of on the 21st of December 2019 when the World Health Organization (WHO) China office heard of the first report of a previous unknown viruses behind a number a pneumonia cases in Wuhan, a city in eastern China with a population on over 11 million people. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness. The best way to prevent and slow down transmission is be well informed about the virus.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).

The common symptoms are fever, tiredness and dry cough while some people may experience aches and pains, nasal congestion, runny nose, sore throat or diarrhoea. On average it takes 56 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.

Currently, no antiviral medication is recommended to treat COVID-19. Treatment is directed at relieving symptoms. There are currently from the coronavirus COVID-19 outbreak as of April 17, 2020, 13:25 GMT.

## Corona virus in Nigeria

The Federal Ministry of Health has confirmed a coronavirus disease (COVID-19) case in Lagos State, Nigeria. The case, which was confirmed on the 27th of February 2020, is the first case to be reported in Nigeria since the beginning of the outbreak in China in January 2020.

The case is an Italian citizen who works in Nigeria and returned from Milan, Italy to Lagos, Nigeria on the 25th of February 2020. He was confirmed by the Virology Laboratory of the Lagos University Teaching Hospital, part of the Laboratory Network of the Nigeria Centre for Disease Control. The patient is clinically stable, with no serious symptoms, and is being managed at the Infectious Disease Hospital in Yaba, Lagos.

Presently, The Coronavirus Disease has been detected in 20 states in Nigeria which are Lagos, Federal capital Territory, Edo, Oyo, Ogun, Katsina, Akwa Ibom, Bauchi, Kaduna, Delta, Kwara, Ondo, Ekiti, Enugu, Niger, Rivers, Anambra and Benue.

Currently, Nigerians have recorded 442 cases, 152 recovered patients and 13 deaths.

## Effects of the lockdown and restriction on movement:

On the 31st of March the Federal government ordered a two week lockdown of the three key states Lagos, Ogun and Abuja to migrate the spread of the Coronavirus. It was later extended for another two weeks. This lockdown had some effects on the country at large.

The virus has adversely affected the country's social, political and economic sector, among others. For instance banks have not been able to open fully for business to enable financial transactions, civil servants are unable to go work because of the partial or full lockdown, The virus has hindered

students from completing their educational activities. Hence, causes there to be a hold up in the educational institution in Nigeria.

Due to the lockdown, the rate of hunger has increased, this is because citizens can't go out to look for money that can be used purchase food and other materials used in the house. The lockdown can also cause some companies to fold up because of the fear of transmitting the disease. For example, those establishments that require a large turn out, public gatherings like cinemas, stadium, bars etc. would loose a lot of money because their patronage would be less.

In Conclusion, it is evident that the corona virus is indeed a dangerous in the world. The Federal Government of Nigeria, through the Federal Ministry of Health is working harder to ensure that the outbreak in Nigeria is controlled and contained quickly. The multi-sectoral Coronavirus group led by the Nigerian Center for disease control (NCDC) has immediately activated its Emergency Operation Center are working closely with Lagos state and other health authorities to respond to this case and implement firm control measures. While the outbreak is still out there, all Nigerians should heed to the advice to take care of their health by maintaining hands and respiratory hygiene protect themselves and others from this deadly disease.

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