Square both sides
$$\frac{1^{2}}{1 + W_{e}^{2}R^{2}C^{2}} = \frac{1}{4W_{e}^{2}R^{2}C^{2}}$$

$$\frac{2 \cdot 1^{2}}{1 + W_{e}^{2}R^{2}C^{2}} = \frac{1}{4W_{e}^{2}R^{2}C^{2}}$$

$$\frac{2}{1 + W_{e}^{2}R^{2}C^{2}} = \frac{1}{4W_{e}^{2}R^{2}C^{2}}$$

$$\frac{2}{1 + W_{e}^{2}R^{2}C^{2}} = \frac{1}{4W_{e}^{2}R^{2}C^{2}}$$

$$\frac{1}{1 + W_{e}^{2}R^{2}C^{2}} = \frac{1}{4W_{e}^{2}R^{2}C^{2}}$$