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 **THE REPORT ON COVID-19**

First and foremost ,Corona virus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes or through droplets of saliva or discharge from the nose the most official name of the corona virus disease is severe acute respiratory syndrome corona virus 2 (ie) (SARS-COV-2) which has to be said.

 Now what happens when you get the corona virus disease on that case maybe they said that people with COVID-19 generally develop signs and symptoms, including mild respiratory symptoms and fever, on an average of 5-6 days after infection (mean inculcation period 5-6 days ,range 1-14 days).Most people infected with COVID-19 virus have mild disease and recover mostly, people of all ages can be infected by the new corona virus (2019-n COV).Older people and people with pre-existing medical conditions (such as asthma ,diabeties , heart diseases)appear to be more vulnerable to becoming severely ill with the virus. Morever ,there is no specific treatment for disease caused by a novel corona virus. However many of the symptoms can be treated and therefore treatment based on the patient’s clinical condition.

The virus that causes COVID-19 and the one that caused the outbreak of severe Acute Respiratory Syndrome (SARS) in 2003 are related to each other genetically but the diseases they cause are quiet different.

What happens when you get the corona virus disease, people with COVID-19 generally develop signs and symptoms including mild respiratory symptoms and fever ,on an average of 5-6 days after infection (mean incubation period 5-6 days, range 1-14 days).Most people infected with COVID-19 are fever, tiredness ,and dry cough etc. Some patients may have aches and pains nasal congestion, runny nose, sore throat or diarrhea these symptoms are usually mild and begin gradually.

 How severe is the corona virus disease , which mostly people infected with the COVID-19 virus will experience mild to moderate respiratory iilness and recover without requiring special treatment .Older people, and those with underlying medical problems like cardiovascular disease, diabeties , chronic respiratory disease, and cancer are more likely to develop serious iilness .Morever , the COVID-19 can be characterized as a pandemic which as due to the rapid increase in the number of cases outside china over the past 2 weeks that has affected a growing number of countries and in the fact that it can be prevented.

 There are ways we can prevent the spread of corona virus disease(COVID-19). The standard recommendations to prevent the spread of COVID 19include frequent cleaning of hands using alcohol –based hand rub or soap and water ,covering the nose and mouth with a flexed elbow or disposable tissue when coughing and sneezing; and avoiding close contact with anyone that has a fever and cough .And also do avoid by touching contaminated surfaces or objects and then touching their eyes, noseor mouth to not be contaminated easily. Although it is a very contagious disease which people need to avoid it by following these ways .

 Lastly the important thing to avoid this COVID -19 is to STAY SAFE.