NAME: IHEME CHIDERA NICOLE COLLEGE: MEDICINE AND HEALTH SCIENCES DEPARTMENT: PHARMACY MATRIC NO.: 19/MHS11/069 DATE: 17-04-2020 GST 122 ASSIGNMENT REPORT WRITING THE CORONA VIRUS PANDEMIC

Coronavirus disease is an infectious disease caused by a new virus. The disease cause respiratory illness (like the flu) with symptoms such as a cough, fever, and in more severe cases, difficult breathing. You can protect yourself by washing your hands frequently, avoiding touching your face, and avoiding close contact (1 meter or 3 feet) with people who are unwell. The virus that causes COVID-19 is mainly transmitted through droplets generated when an infected person coughs, sneezes, or exhales. These droplets are too heavy to hang in the air, and quickly fall on floors or surfaces. You can be infected by the virus if you are within close proximity of someone who has COVID-19, or by touching a contaminated surface and then your eyes, nose or mouth. It appears that symptoms are showing up in people within 14 days of exposure.

This disease which was said to have originated from Wuhan, China has spread to almost all part of the world with over 2 million cases. It has been recorded to be a global pandemic. It reached the African continent on 14th February, 2020. From there it spread to Nigeria and other countries. Nigeria has recorded a lot of cases of over 400 with Lagos state having the highest number of cases. As of now there is no specific treatment for the virus. People who are sick from COVID-19 are being treated with supportive measures: those that relieve symptoms. For severe cases, there may be additional options for treatment, including research drugs and therapeutics.

In order to curtail this virus and as there is no vaccine or treatment, most countries has restricted the movement of their citizens and closing their borders. In Nigeria, almost all the states has enforced a stay at home order i.e., there should be no movement. This is done to reduce the spread of the virus and the number of people who would get infected. The federal government has closed down all schools across the federation as a measure to curb this virus.

They also urge Nigerians who came from some of the high-risk countries of this disease to self-isolate for 14 days.

While some people agree and take side with the government for enforcing a stay at home order, others disagree or are yet to agree because there have been a great number of bad effects that outweighs the good effects. The lockdown is affecting the poor the most because some depends on minor jobs they do every day to feed and cater for their family. But since this lockdown, they could barely do anything and the hunger rate is tremendously increasing. There is also crisis incoming as people set to protest against the government. There have been cases of fighting and high rate of arm robbery amidst the lockdown. In a place like Lagos state, people are being robbed almost every day which is a sad sight.

The federal government has promised to give support to people which will help them during this period of lockdown which has been a great relief to all. We must therefore all work together with the health officials, so that we can jointly fight the virus. If there are more co-operations, we would be able to fight this dreadful killer disease.