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PHARMACOLOGY

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Write a report, of not more than two pages, on the Corona virus pandemic and the effects of the lockdown and restriction of movement on Nigerians.

Beginning in December 2019, in the region of Wuhan, China, a new ("novel") Coronavirus began appearing in human beings. It has been named Covid-19, a shortened form of the "Coronavirus disease of 2019". It currently a world pandemic i.e worldwide spread of disease. This new virus spreads incredibly quickly between people, due to its newness - no one on earth has an immunity to Covid-19, because no one had covid-19 until 2019. While it was initially seen to be an epidemic in China "i.e has grown out of control", the virus spread worldwide within months. The WHO declared Covid-19 a pandemic in March, and by the end of that month, the world saw ~~more~~ more than a half million people infected and nearly 30,000 deaths. The infection rates in the US and other nations was still spiking. This new virus is an highly transmittable and pathogenic viral infection in humans which is affecting the respiratory tracts.

Currently, the Covid-19 virus or disease has affected 200+ countries, 2,358,683 cases have been confirmed, 606,661 patients have recovered then 161,269 deaths from those affected with the virus. The incubation period for this virus is approximately 2-14 days without showing symptoms and within this period ~~the~~ without the person infected knowing the virus could be spread. Some of the symptoms an infected person might show are Cough, High Fever, Tiredness (Fatigue), Difficulty in breath. ~~There~~ Once, you know you

are infected or come in contact with someone who is sick, a dead person or some infected with the virus. It is advised to isolate so as to stop the ~~germ~~ fast spread the virus. There is no clinically approved antiviral drug or vaccine available to fight against Covid-19 as at today in the world. Some research, said that "the clinical recovery of the virus for mild cases is approximately 2 weeks and 3-6 weeks for patients with severe or critical cases like asthma, diabetes and heart disease". In Nigeria, we have 541 cases confirmed, 166 recoveries and 19 deaths.

Moreover, there are some do's and don't's during this pandemic so as to reduce the high rate of Covid-19. Some of the do's are washing your hands regularly, with soap and water or using an alcohol-based sanitizer. Avoid close contact with unwell people, cover your nose and mouth with disposable tissue or flexed elbow when you cough or sneeze. And also stay home and isolate from others in the household if you feel unwell. While the don't's is to avoid touching one's eyes, nose, mouth or face with unclean hands. The government has therefore taken or made laws that is there

~~Also~~ should be lockdown on schools, companies and businesses that everyone should remain indoors so as to reduce the spread of coronavirus.

Also, there effects of this lockdown and restriction of movements on Nigerians. ~~Some~~ One, of it, is security in the country because ~~its~~ worsening security situations in the sense that the poor, ~~become~~ ^{are} those that have nothing to eat, those surviving on daily wages are turning into hoodlums going about disturbing the neighbourhood and stealing from them so that they also eat. Another effect, is national recession because all works have locked down therefore the little things in stock in the community have increased in price, companies are loosing money. There increase in mortality because people are dying of hunger and attacks from hoodlums.

In conclusion, government should give out palliatives to those in need and increase the patrol ~~time~~ for policemen to (24/7) a day so as to protect the citizens and also reduce

the attack of hoodlums on the communing so that the security of the citizens is guaranteed. Then, the society should also practice social-distancing, wash hands often, cover sneezes and call the appointed personnels to fight the virus of sick. "Stay Safe, Coronavirus is real".