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**MATRIC NUMBER: 19/SMS03/019**

**COURSE CODE: GST 122**

**CORONA VIRUS PANDEMIC AND THE EFFECT OF THE LOCKDOWN AND RESTRICTION OF MOVEMENTS ON NIGERIANS**.

**INTRODUCTION**

Corona virus is a serious pandemic that has a great effect on the whole world at large. This virus as normal as it may sound is really dangerous and it has drastically destroyed and ended the lives of a lot of people. Coronavirus has been given the name COVID-19 for short. Coronavirus is a large family of viruses that are known to cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome(MERS) and severe Acute Respiratory Syndrome (SARS). Presently round the world there are 2,193,666 cases 147,384 deaths 555,590 recovered.

**HISTORY**

Coronavirus was first detected in 1931, with the first coronavirus (HCoV-229E) isolated from humans in 1965. Until the outbreak of Severe Acute Respiratory Syndrome in late 2002, only two human coronaviruses (HCoV) were known –HcoV-229E and HCoV-OC43. Once the SARS coronavirus (SARS-CoV) had been identified, two further human coronaviruses were identified. Three groups of coronaviruses exist: group 1 (HCoV-229E and HCoV-NL63), group 2(HCoVOC43 and HCoV-HKU1) group 3(no humans CoVs as yet). SARS-CoV is an outlier to all three groups although some place it under group two. Presently the resurface of this virus was discovered in Wuhan city in an animal market in the late 2019 when a human was infected by an animal which has been identified to be a bat. Although that is what the scientist have come about they still believe it might be a hypothesis so therefore further research is being made.

**SYMPTOMS**

The COVID-19 virus affects different people in different ways. Most infected people will develop mild to moderate symptoms.

Common symptoms:

i)fever

ii)tiredness

iii)dry cough

some other people may experience

i)aches and pains.

ii)nasal congestion.

iii)runny nose.

iv)sore throat.

v)diarrhea.

**PREVENTION:**

Taking appropriate precautions are very necessary to prevent and probably end this epidemic the world is facing.

To prevent the spread of coronavirus the following should be done:

i)clean your hands often. Use soap and water, or an alcohol-based hand rub.

ii)maintain a safe distance from anyone who is coughing or sneezing.

iii)do not touch your eyes, nose or mouth.

iv)cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.

v)stay home if you feel unwell.

vi)if you have a fever, a cough and difficulty in breathing, seek medical attention. Call in advance.

vii)follow the directions of your local health authority.

EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENTS ON NIGERIANS.

The coronavirus with its rapid increase and with the level of deaths a lockdown had to be incurred to help with social distancing so as to reduce the spread of this deadly virus.

Economic effects: this is a serious effect because due to the lock down work is on hold meaning a way to gain income is hold and this affecting the world’s economy at large bringing a drop in a lot of things. it is also being suspected by Nigerian economist that by the end of all this there would be a great recession in Nigeria which might be worse than that of 2016.

Hunger: due to the lock down and restriction of movement hunger has really hit. Nigeria as a country presently people are dying of hunger because most people here work from hand to mouth so now that they can work it means there’s no food.

Hold in academic activities: due to the lockdown academic activities have been on a hold especially for those institutions that are not really into online learning so they have to put their academic activities on a hold meaning a lot will be lost and that will affect the students.

In conclusion, with the daily increase of this virus if care is not taken many more lives will be lost and also the world’s economy will fall into recession so therefore it is very necessary we keep to the preventive measure and not only protect ourselves but also our loved ones.