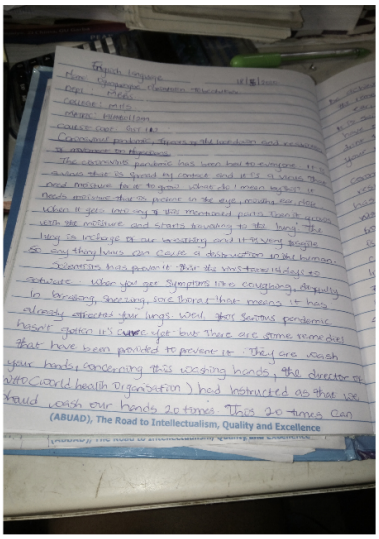

English language
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Dept: MEDS
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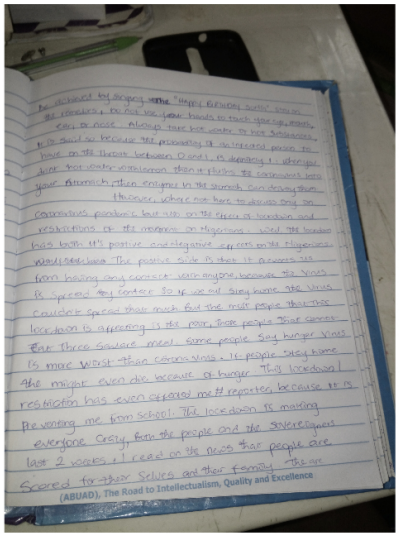
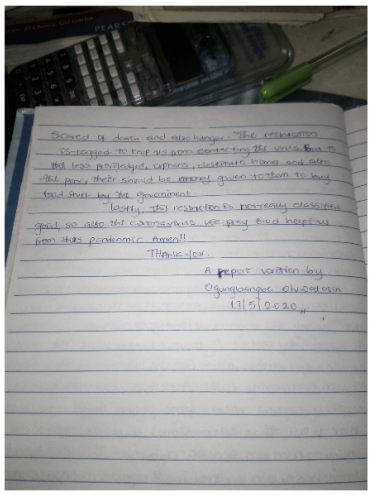
COURSE CODE: GST 112
Coronavirus pandemic: Figures on the lockdown and restrictions in Nigeria
The coronavirus pandemic has been hard to compare. It's a virus that is spread by contact and it is a virus that need moisture for it to grow, where do I mean by that it needs moisture that is present in the eye, inside the nose. When it gets into any of this mentioned parts then it grows with the moisture and starts behaving to the body. The way to recharge to our body system and it is very fragile. So any thing virus can cause a destruction to the human. Scientists has proven that the virus from 14 days to survive. When you get symptoms like coughing, difficulty in breathing, sneezing, sore throat that means it has already attacked your lungs work. This Corona pandemic hasn't stopped it's cure yet but there are some remedies that have been provided to prevent it. They are wash your hands, concerning this washing hands, the director of WHO(world health Organization) had instructed us that we should wash our hands 20 times This 20 times can



be achieved by singing the "Happy Birthday song" two times the process, do not use your hands to touch your eyes, ears or nose. Always take hot water to help Scientists it is said so because the proximity of an infected person to have on the throat between 0 and 1.5 distance, if when you your stomach, then enzymes in the stomach can destroy them.

However, where not here to discuss only on Coronavirus pandemic but also on the effect of lockdown and restrictions of the movement on Nigerians. Well, the lockdown has both it's positive and negative effects on the Nigerians. Well let's look. The positive side is that it prevents us from having any contact with anyone, because the virus is spread by contact so if we all stay home the virus couldn't spread that much but the most people that the lockdown is affecting is the poor, those people that cannot fear three square meal, some people say hunger virus is more worst than coronavirus. To people they stay home they might even die because of hunger. This lockdown/ restriction has even affected me # reporters, because it is preventing me from school. The lockdown is making everyone crazy, from the people and the Government last 2 weeks, I read on the news that people are Scared for their selves and their family, they are



Scared of death and also hunger. The restriction is stopped to help us from contracting the virus, but to the less privileged, citizens, movement should also be allowed given to them to buy food stuff by the government.

"Lastly, this restriction is not really classified good, so also the coronavirus we pray God helps us from this pandemic. Amen!!"

THANK-YOU.

A report written by
Ogunlowo Oluwadamilola
17/5/2020.