

The effects of the lockdown and restrictions of movement on Nigerians are:

- 1) Delays and close down of all schools and tertiary institutions. Standardised testing and school admissions are being delayed across the country. Some states have opted to cancel or delay standardised testing, while others are thinking of extending the school year due to delays in many missed days of schools. Classes and semesters are being delayed as staff and students acclimated to the new online platforms and try to switch their material to a new teaching style.
- 2) Close down of worship centres: Due to the coronavirus pandemic, churches and mosque were close down to avoid social distances among one another.
- 3) The Coronaviruses changed work and play. Sport leagues have been cancelled and many people have been asked to work from home.

4) Many people who are business men and women, traders and both bikers tend to find the situation very difficult for them, because they are not allowed to open their shops to sell, bikers riders can also work because there is restriction movement

NAME: TOLU MOREnike story
APPOINTMENT: PHARMACY / MHS
MATRIC NO. 19/MHS/1137 85100

FIRMS OF MATTERS

CORONAVIRUS PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTIONS OF MOVEMENT ON NIGERIANS.

The Coronavirus disease 19 (COVID-19) is a highly transmittable and pathogenic viral infection caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), which emerged in Wuhan, China and spread around the world. There is no clinically approved antiviral drug or vaccine available to be used against COVID-19. Worldwide 2,256,844 are confirmed having the virus, 571,851 recovered and 154,350 deaths. The federal Ministry of Health confirmed a Coronavirus disease (COVID-19) case in Lagos State, Nigeria. The case, which was confirmed on the 27th of February, 2020, is the first case to be reported in Nigeria since the beginning of the outbreak in China in January, 2020.

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate symptoms.

Common symptoms are fever, tiredness, dry cough,aches and pains, nasal congestion, runny nose, sore throat, diarrhoea. On average it takes 5-6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days. People with mild symptoms who are otherwise healthy should self-isolate. seek medical attention. To prevent the spread of COVID-19, clean your hands often, use soap and water, or an alcohol-based hand rub, maintain a safe distance from anyone who is coughing or sneezing, Don't touch your eyes, nose or mouth, cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze. If you have a fever, a cough and difficult breathing, seek medical attention. call in Advance.

Stay home, save lives, Help stop coronavirus.