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COVID-19: LOCKDOWN AND RESTRICTIONS OF MOVEMENT ON NIGERIANS

Coronavirus disease(COVID-19), an infectious disease caused by a newly discovered virus called the **coronavirus**. The disease spreads through droplets from the cough or sneeze of an infected person or close contact with an infected person of which the symptoms includes headache, coughing, sneezing, difficulty in breathing and fever.

Most people infected with the disease tend to experience mild to moderate respiratory illness and recover without any special treatment while old people and those with underlying medical issues like cardiovascular disease are more likely to develop serious illness.

Due to the widespread of this disease, the Nigerian government has placed an order to lockdown and restrict movement on Nigerians.

Although these orders might be working efficiently in reducing the spread of the virus because there are no overpopulated places where people have close contact with each other, it has also helped people in discovering there talents and what they are capable of and others are also using this opportunity to invest. There are still some negative effects this has caused to the citizens , some of them are explained below;

1. Financial problems: During this lockdown period some people are rendered jobless,these are people who are not healthcare or bank workers. Some organization are left with no choice but to close down too while some who get there daily bread from the daily income such as the traders are unable to feed themselves well.

2. High cost of living: Due to the lockdown, a lot of traders have decided to increase the prices of goods due to the high rate of urgent demand. Although, I think they are not to blame because most of them live on daily income .

3. Increase in crime rate: Apart from the two negative effects explained above, the rate at which criminal cases are increasing is alarming. Robbers have decided to make use of this opportunity to invade houses, steal from them and also rape some females too. This is very dangerous as they leave there victims traumatized.

I would recommend that the government should look into these alongside trying to eradicate the widespread of the virus because we are to stay safe at home and not to panic.

Currently there are no specific vaccines or treatment for COVID-19. However there are many ongoing clinical trials evaluating potential treatments. Let's endeavor to practice the various preventive measures. Stay at home, practice social distancing and stay safe until this is over.