

NAME: Okolugha Tawon Ebaselulu E.

COLLEGE: MHS

MATRIC NO: 19/MHS01/318

COURSE CODE: EST 122

DATE: 20/04/2020

DEPT: MBBS

Write a report, of not more than 2 pages, on the coronavirus pandemic and the effects of the lockdown and restriction of movement on Nigerians.

Answers:

Coronavirus disease, also known as Covid-19, is an infectious disease caused by a newly discovered coronavirus. This disease is transmitted primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes. Most people recover easily from the virus without special treatment, just having minor respiratory problems, but older people or people with certain diseases like cardiovascular diseases, diabetes, chronic respiratory diseases and cancer, are more likely to develop a serious illness from the virus.

The best way to protect ourselves and others from this disease is to practise proper respiratory etiquette, avoid frequently touching ~~you~~ our faces ~~us~~ and washing our hands or using hand sanitizers regularly.

The options listed above are all good but it has been proven to be much easier said than done especially in this beloved country of ours called Nigeria.

Nigeria, as at 2018, is recorded to have 195.9 million people living in it and has ~~one of~~ few of the most populated cities in Africa. An example is Lagos. In an endeavour to curb Covid-19 from spreading, various governments of different countries Nigeria included, has ordered a restriction of movement and a lockdown period of one month but it seems to have passed into one ear and gone out the next of most Lagosians. There have been various effects and setbacks regarding this, one of them being an increase in pollution caused by an increase in generators used in houses during this period.

Due to the lack of electrical power supply in the country, most have been using their generators to either ward off boredom or to enable them work from home. This has caused an increase in air and noise pollutions and also raised Nigeria's emissions of carbon dioxide by 60% whereas in other countries, the opposite is the case.

Secondly, there is the issue of so many people or citizens in Nigeria being from hand-to-mouth, that is, most depend on their daily income to survive. The government have attempted to curb this problem by using some part of the revenue to fund this people but there are also issues with this solution as well. One, the local government has no idea how many people actually live in each state as most are not registered citizens, second, there have been numerous fire accidents or so we are told in government offices burning up expenditures that are meant to be used for the masses.

Lastly, there is the issue of social gatherings in Nigeria, especially religious gatherings. These leaders of both Christian and Muslim communities should be aiding the government in encouraging social distancing ^{due} thanks to their influence but they instead insist that they should not have to dissolve all their activities due to this lockdown making it hard for the cases of covid-19 to reduce.

These issues are what we are seeing and hearing in the beloved country of ours called Nigeria and while some are trying to follow the rules and help, most are making it hard for us to be completely freed from this pandemic.

We can only hope and pray that we come out of this unscathed and the least possible casualties. Stay home, stay safe.