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SUBJECT OF THE REPORT: CORONA VIRUS PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENT.

The corona virus disease ( covid 19) that started out as an epidemic in wuhan, china in December 2019 and ended up in the pandemic( affecting the whole world) has thrown the whole world into a war like situation. Corona viruses are a large family of virus that are known to cause illness ranging from the common cold to more severe diseases such as middle east respirators syndrome(MERS) and severe acute respiratory(SARS).

Corona virus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose. Most people infected with the COVID 19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetics, chronic respiratory disease, cancer, asthma, heart disease appear to be more vulnerable to becoming severely ill with the virus. WHO advices people of all ages to take steps to protect themselves from the virus.

Most estimates of the incubation period for COVID-19 range from 1-14 days, most commonly around five days. These estimates will be updated as more data become available.

Using available preliminary data, the median time from onset to clinical recovery for mild cases is approximately 2 weeks and is 3-6 weeks for patients with severe or critical disease. Corona viruses are also zoonotic, meaning they are transmitted between animals and people

To prevent the spread of corona virus one has to clean their hands often using soap and water, or an alcohol-based hand rub. Maintain a safe distance from anyone who is coughing or sneezing. Don’t touch your eyes, noes and mouth, stay home if you feel unwell and follow the directions of your local health.

It would be hell if the covid 19 breaks out in Nigeria on the scale presently being witnesses in Europe and US.

The effect of the lockdown and restriction of movement in Nigeria is so drastic, well as to say causing a lot of problems. The price of crude oil (the mainstay of the Nigerian economy) tumbled like never before in the last 20 years. It went to as low as below $20 per barrel from above $60 just before the pandemic. It has never been this bad in the last two decades and this has made a mess of the Nigerian federal governments budget estimates for 2020.

This has also affect the education of students, students are not able to complete their academic curriculum. This is not good. It also affected the west African examination council(WAEC) and other external exams .

Coming to the religious aspect, people are unable to access their place of worship, they stay at home because of social distancing.

Food price are becoming so high, not the usual amount. For example a basket of garri which is 700 naira is now sold for 1500 naira. This leads to people stealing.

This has also cause social unrest, people are being killed by police because they are disobeying the orders to stay home. There are riots, protest by citizens

It has also help the Nigerian hospitals to be fully equipped, the government are trying all means as possible to provide best services to people