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GIST 122 (COMMUNICATION IN ENGLISH)

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PHARMACY

QUESTION: Write a report, of not more than two pages on the Corona virus pandemic and the effects of lockdown and restrictions of movement on Nigerians.

Report of COVID-19 and the effects of lockdown and restriction of movement on Nigerians.

Corona virus is a new disease that originated from Wuhan in China in late December 2019. It is a disease that spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, or it might even be transmitted through touch (Physical contact). Since the virus became a major outbreak in February some preventive measures have been put in place to help slow down the spread of the virus, which have proven effective until now. Some of the preventive measures are, washing your hands frequently with soap and running water, using alcohol based rub like hand sanitizers, wearing face masks and hand gloves to protect you from inhaling droplets or touching your face with your hands, coughing or sneezing into a flexed elbow instead of your palms.

Meanwhile, people that have previously contacted the virus also spoke of symptoms involved with the deadly virus. Some notable symptoms were, fever, dry cough, tiredness these symptoms are general while for some particular people may experience aches and pains, nasal congestion, runny nose, sore throat, diarrhoea.

On average it takes five to six days from contracting the virus for the symptoms to show, however it can take up to 14 days for the virus to completely manifest, therefore before a person can be tested for the virus the latter has to be put into self isolation for up to fourteen days, which after a test is run and the results show whether a person is positive or negative.

The virus is spreading very fast around the world as a result of this various governments have exercised lockdown in some countries and states to try and minimize and contain the spread of the virus so it can be contained. This act has in no doubt had some effects on some citizens of Nigeria for instance, the most obvious ~~the~~ effect is that it has helped the nigerian government slow down the spread of the virus because when people no longer move around the risk of physical contact is reduced drastically, therefore minimizing the spread of the virus. But another negative effect is that the lockdown has left many people hungry, because there are people in the country who eat from hand to mouth which is very bad because apart from doctors who have been allowed to work, most people aren't receiving their salaries or their daily pay and therefore cannot cater for their families. Loss of income will be the immediate concern for individuals who have been contributing to household consumption through their entrepreneurial activities and engaged in hand-to-mouth self employment.

People have also put themselves in physical danger. There are certain people that can't cope with the situation and they tend to break the rules of the lockdown in order to survive, therefore putting themselves in danger of being physically abused by policemen and other armed forces that have been directed to ensure that the enforcement of the lockdown isn't breached.