

Name: Uduvobolo Eboselulu Miracle
Dept: Pharmacy
Matric no: 19/mts111140
Course: GST 122

A Report of COVID-19 and the effects of lockdown and restriction of movement on Nigerians.

Corona Virus which is also known as COVID-19, it was emerged in Wuhan, China on December 31, 2019. Corona Virus belongs to the Coronaviridae family in the Nidovirales order. It is a disease that spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, or it might even be transmitted through touch (physical contact). Anybody with this pandemic shows symptoms five days but it will range from two to fourteen days. The symptoms are, diarrhoea, cough, shortness of breath, fever and loss of smell. Since the virus became a major outbreak in February ^{in Nigeria,} some preventive measures have been put in place to help slow down the spread of the virus, which have proven effective until now. Some of them are; washing your hands frequently with soap and running water, using an alcohol based rub like hand sanitizers, wearing face masks and hand gloves to protect you from inhaling droplets or touching your face with your hands.

Corona Virus cases have been increasing drastically in the past few months since February 27th, 2020. It has taken more than a hundred thousands of lives in other countries where some Nigerians ~~to~~ visited, and this makes COVID-19 spread like wild fire, especially from Foreign returnees and international travelers who are Nigerians. Government has made an effort through the Nigerian center for

disease control (NCDC) to curb the spread of the virus. They create awareness on precautionary measures for people to imbibe, they provide medical facilities to test people. The president declared that some vulnerable states should be locked down. Some states ~~ob~~ observe them like Ogun, Osun, Ekiti and so on and so forth. This act has in no doubt had some effects on some citizens of Nigeria for instance, the most obvious is that it has helped the Nigerian government slow down the spread of the virus because when people no longer move around the ~~risk~~ risk of physical contact is reduced drastically, therefore minimizing the spread of the virus. But another negative effect is that the lockdown has left many people hungry, people struggle to survive, the school academic calendar is extended. Students will graduate as an when due. Their time is extended. It leads to the increase in prices of limited goods in the market.

In conclusion, coronavirus has caused a lot of things in Nigeria and changed a lot of thing in our country, Nigeria. The federal ministry of health has ~~be~~ been trying ^{it's} their best to ensure that the outbreak in Nigeria is being controlled and stopped immediately. The NCDC (Nigerian center for Disease Control) has been activated in national emergency operation center working in different states in Nigeria. The medical personnel are trying their best to give out ways to stop the pandemic called Corona

virus. As the outbreak is still ~~going~~ ^{in our} country and the lockdown is still going on, we the citizens should listen and act to preventive measure that can keep us safe in this pandemic. The federal government are trying their best to make sure Nigeria is safe and we should assist them by listening to the ~~prevent~~ preventive measures and putting it to act.