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19/ENG04/039

GST 122

A REPORT ON THE EFFECT AND RESTRICTIONS OF CORONAVIRUS IN NIGERIA

Discovery showed that the coronavirus disease first originated from bats but it was observed that the first human transmission was in Wuhan, China 2019. The coronavirus is said to be a group of viruses that can cause disease in both animals and humans. It was observed that the illness in humans is mostly respiratory or gastrointestinal infection and the symptoms range from a common cold to a more severe lower respiratory infection such as pneumonia. The coronavirus which is also known as COVID-19 is a very life threatening virus in the sense that its prevalence is increasing at a very rapid rate and mode of transmission is extremely easy. The symptoms of the virus include fever, cough, shortness of breath and breathing difficulties. It was also observed that with immunocompromised individuals (e.g. HIV patients or other underlying conditions) have a higher rate of getting infected by the virus making it even more complicated because Africa has a very high rate of HIV reports. Due to all these factors the government had to enforce a lockdown law which restricts a lot of individuals from moving from place to place in order to maintain full social distancing. But the lockdown laws have been of great impact to the Nigerian system since it started on the Monday the 30th of March at 11pm. With this law, it was observed that the lockdown had

great impact on the Economy, this comprised of the social, religious aspects, Due to the lockdown, many privately owned businesses are starting to crash because the income generation and also revenue generations all seized. This is also having impact on the staffs making alot of people lose their jobs because of inadequate funds to pay workers, In the aspect of churches, this has affected religious worshippers ability to go to their various churches and mosques, Another big impact the lockdown has had is on the availability of food, for people who are daily paid earners like the drivers, laborers and other low income earners, the restrictions in movement has really affected their ability to make money to provide for their family. Also we have the psychological impact of this lockdown whereby people feel not useful and also the fact they cannot generate any form of income can lead to a psychological breakdown. For the health care workers, Due to decrease in importation and exportation of goods, the healthcare systems may tend to lack adequate equipments for this pandemic, PPE's, The Coronavirus pandemic is of great fear and threat to both the healthcare workers and non-health care workers this then leads to overstressing of the healthcare workers available during this pandemic.

The Coronavirus disease is increasing everyday with new cases springing up daily. Although the lockdown is for the help of the country, it is also scary because the effect of the pandemic might be so bad, it might take months for many businesses to return to the former state. But with hope the pandemic reduces and Nigeria goes back to the peaceful country it is.