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Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).

At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. WHO will continue to provide updated information as soon as clinical findings become available.

The lockdown has affected many Nigerians especially those who are not financially strong. Some of these people have to sell to eat, some have to do a particular work everyday before they eat but due to the lockdown they cannot get money or food and that is really bad. Other countries are providing food and money for their citizens unlike in Nigeria so there is a chance their citizens can cooperate with the government and stay inside until they find a solution but here in Nigeria it's different because the government isn't providing food for their citizens so they will not stay inside they will surely come out to look for food to eat because they can't stay

hungry. There have been news that people went to estates where rich people live in Nigeria to beg for food to show you the level of hunger disturbing our people so the lockdown is not doing well in Nigeria. The lockdown has also affected movements nobody can come out of their houses or else you might get arrested because the virus is that serious so many activities have been brought to hold both in Nigeria and in the whole world schools have been closed now some schools are doing online learning. Sports activities have been put to hold, some people don't even go to work anymore and now the teenagers of our society are complaining of being bored because those are the people that go out the most to have fun with their friends and now they can't even leave their houses.

Social media is now the main way of communication because one can't go out so you either chat the person up or you call the person. The COVID-19 virus affects different people in different ways. COVID-19 is a respiratory disease and most infected people will develop mild to moderate symptoms and recover without requiring special treatment. People who have underlying medical conditions and those over 60 years old have a higher risk of developing severe disease and death.

Common symptoms include:

- fever
- tiredness
- dry cough.

Other symptoms include:

- shortness of breath
- aches and pains
- sore throat
- and very few people will report diarrhoea, nausea or a runny nose.