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MATRIC NO; 17/MHS02/104 DIRECT-ENTRY

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**CORONA VIRUS PANADEMIC AND ITS EFFECTS ON NIGERIANS**

**What is corona virus?**

Coronaviruses are a large family of viruses that are known to cause illness ranging from the common cold to more severe diseases such as Middle East respiratory syndrome (MERS) and severe acute respiratory syndrome (SARS).

A novel coronavirus (COVID-19) was identified in 2019 in Wuhan, China. This is a new virus that has not been previously identified in humans.

**Symptoms of corona virus**

The COVID-19 virus affects different people in different ways. COVID-19 is a respiratory disease and most infected people will develop mild to moderate symptoms and recover without requiring special treatment. People who have underlying medical conditions and those over 60 years old have a higher risk of developing severe disease and death.

Common symptoms include:

* Fever
* Tiredness
* Dry cough.

Other symptoms include:

* Shortness of breath
* Aches and pains
* Sore throat
* And very few people will report diarrhea, nausea or a runny nose.

People with mild symptoms who are otherwise healthy should self-isolate and contact their medical provider or a COVID-19 information line for advice on testing and referral.

People with fever, cough or difficulty breathing should call their doctor and seek medical attention.

**Prevention of corona virus**

To prevent infection and to slow transmission of COVID-19, do the following:

* Wash your hands regularly with soap and water, or clean them with alcohol-based hand rub.
* Maintain at least 1 metre distance between you and people coughing or sneezing.
* Avoid touching your face.
* Cover your mouth and nose when coughing or sneezing.
* Stay home if you feel unwell.
* Refrain from smoking and other activities that weaken the lungs.
* Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.

**Treatment**

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it’s important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow). At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. W.H.O will continue to provide updated information as soon as clinical findings become available.

**CASE SUMMARY IN NIGERIA AS AT APRIL 20TH 2020**

Total Samples Tested = > 7153

Total Confirmed cases = 665

Discharged = 188

Death = 22

**EFFECT OF COVID-19 ON NIGERIANS**

Due, to the virus there have been a lockdown in 3 states in Nigeria, and serious restriction of movements in other states, all these measures are to curtail the spread of the virus, but they also have negative effect on the citizens. They include

**Closure of schools**; Covid-19 pandemic has led to the shutdown of schools at all levels, this would affect student’s academic program, school calendar even the lecturers schedule and so much more. Even though these don’t stop school activities but it has drastically reduced whatever the school and students were aiming to achieve.

**Corona virus and income**; In this case, it has affected people who live by daily income, it may even affect salary earners because technically they been home and no income might be entering the organization and this can affect the payment of salaries. Market women, business men, are not able to get money during this lockdown period and also affecting their food supply of them and their families, even though the government are putting measures in place to get food to them it is still not very effective.

**Religious impact**: The pandemic has impacted religion in various ways, including the cancellation of the worship services of various faiths, the closure of [Sunday Schools](https://en.wikipedia.org/wiki/Sunday_Schools), as well as the cancellation of pilgrimages surrounding observances and festivals. Many churches, synagogues, mosques, and temples have offered worship through live stream amidst the pandemic.

**Illegal means to get money**: The lockdown in Nigeria has left its youth jobless and hungry, making the cases of robbery increase. Armed robbers come into people’s house and raid them of their properties. Leaving the families in a devastated state and also destroying the lives of the youths.

**Economic Impact**: The pandemic, and the lockdown will also affect the Nigerian economy in the sense that what use to go on does not happen anymore and more funds would now be used to come up with testing centers and also buy testing kits, also food for citizens at home.