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 **CORONA VIRUS PANDEMIC.**

**The corona virus which is fondly called COVID 19 ( which means corona virus disease which was found in the year 2019) was transmitted from an animal in the late 2019 to a person from the Huanan market in Wuhan in china. The corona virus is an infectious disease that destroys the human lungs and kidney. Its symptoms are: cough, fever, tiredness, difficulty in breathing ( severe cases). It can be transmitted through the eyes, nose and mouth by touching someone or an infected object, it can be transmitted when you choke your hands into your nose, eyes and mouth without washing it. In the country now there have been 442 confirmed cases, 13 deaths and 152 people recovered.**

 **The ways in which we can reduce the risk of covid 19**;

1. **Washing of hands with soap and water or with alcohol based gel. The hands must be washed for at least 20secs, making sure that it makes good contact with all surfaces before it is fully rinsed.**
2. **A distance of about 1 meter must be maintained (social distancing).**
3. **Avoid touching the eyes, nose and mouth. The nose and the mouth can be covered with the use of tissue or with the inside of the elbow when coughing and when no tissue is available. When tissues are been used it should be disposed immediately.**
4. **Also avoid gatherings of large groups.**
5. **Any individual with these symptoms of the disease should be isolated as much as possible until they recover, wearing a masking to avoid infecting others.**

**The period of time these virus can survive on surfaces is a few hours, and several days. The maximum time the covid 19 can survive in air borne droplets is three hours, a coin lasts for 4 hours, on paper lasts for a day and on kitchen utensils it lasts for up to 3 days. The types of masks to be used is the medical masks sensible to avoid wasting them.**

**How did covid 19 enter Nigeria:**

**The covid 19 was first confirmed in Lagos state, Nigeria. It was an Italian citizen who works in Nigeria and later returned from Milan. He was confirmed by the virology laboratory of the Lagos university teaching hospital, he was being managed at the infectious disease hospital in Yaba, Lagos.**

**The NCDC( Nigeria Centre For Disease Control) management team are trying their best in the safe keeping of isolation centres and how to cure people from the virus. The infectious disease hospital in Yaba Lagos, have been discharging patients daily.**

**How people are been affected with the lockdown and the restriction of movements in Nigeria**.

1. **Violation : security forces enforcing the lockdown in parts of the country have killed more people than the corona virus itself. The people breaking the laws of the lockdown restriction are been imprison and some are been killed and some are been taken to a mobile court.**
2. **Lack of payments and unemployment:** **many now are looking for a source of living, most people businesses are not helping matters because of lack of customers. And many who are hoping for jobs have been turned down because if the situation at hand.**
3. **Many Nigerians complain that the government are not helping matters because of the restriction of movements in Nigeria. The poor have not gotten what to eat and when they decide to go and get something to eat, the law enforcers would violet them.**