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19/MHS01/003

MEDICINE AND SURGERY

GST 122

CORONAVIRUS PANDEMIC AND THE EFFECS OF LOCKDOWN AND RESTRICTION OF MOVEMENT ON NIGERIANS.

The coronavirus is considered a pandemic due to the rapid increase in the number of cases outside China over the past few weeks, that has affected a rowing number of countries, as a result of this, aggressive methods have been taken by different countries, Nigeria included. Countries are struggling to curb and reduce the number of cases in the country, the virus is no joking matter and it causes fear among countries because of how contagious it is, at a point the first precautionary measures have been disputed to work because of how well it navigates against such barriers, the effective method that most countries are engaging in is SOCIAL DISTANCING.

Social Distancing means the practice of maintaining a greater than usual physical distance from other people or of avoiding direct contact with people or objects in public places during the outbreak of a contagious disease in order to minimize exposure and reduce the transmission of infection, the coronavirus pandemic has caused the government to be much more aggressive in implementing the precautionary measures against the virus. The aggressive measures are however being strongly opposed by Nigerians which even led to violent protests in some states.

The effects of the virus is felt like the restriction made by us, the effects have just been minor so far because we don’t have a terrible outbreak like the other continents, the complaints made by Nigerians is the lockdown that we have been made to follow. The lockdown has also contributed to starvation to the less affluent individuals, who have to go to the market for trading as a means to earn money for feeding of themselves and their family. The restriction of movements has also brought about a decline in profit of company businesses, which could result to a major blow in nation’s economy.

It has also resulted to a halt of social gathering, and also led to the increase of use of generators due to poor power supply by the nation, and as a result has led to an increase in pollution in the country, such as noise, carbon monoxide, etc which are disadvantageous to the individuals in the nation.

It also causes students to be idle and not engaged with academic works as even the assignments given might not be taken seriously as when in the school premises. Thereby causing students to log into prohibited sites when bored to gain sexual satisfaction or engage in criminal activities such a phishing scams or 419 scams.

The coronavirus pandemic has caused serious problems in the different countries but we can only hope an effective vaccine is found soon so that we go back to our normal lives.