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**College/Department**: MHS/MBBS

**Course**: GST 122(communication in English)

## **ASSIGNMENT**

Write a report, of not more than two pages, on the Corona virus pandemic and the effects of the lockdown and restriction of movement on Nigerians.

The ongoing pandemic which is the Coronavirus disease(COVID-19) is an infectious disease caused by a newly discovered coronavirus which originated from Wuhan China. The disease has been characterized as a pandemic due to the rapid increase in the number of cases outside china in the past few weeks that has affected a number of countries. The virus which causes the disease is mainly transmitted through droplets produced when an infected person coughs, sneezes, or exhales but the droplets are too heavy to hang in the air, hence they quickly fall on floors or surfaces. A person can be infected by breathing in the virus if you are within close proximity of someone who has the disease or by touching a contaminated surface and then your eyes, nose or mouth.

The first case of coronavirus in Nigeria was confirmed on the 27<sup>th</sup> February 2020. As of now there are over 600 confirmed cases in Nigeria with 13 deaths. Due to the lack of a vaccine for this deadly disease, preventive measures which include social distancing and self-isolation are the only ways to help stop the spread of the disease in order for there to be less cases both in the country and worldwide. Hence, on the 30<sup>th</sup> of march, president Buhari announced a 14-day stay at home order in Lagos, Ogun, and the FCT. This was further extended for an extra two weeks on the 13<sup>th</sup> of April. As more cases pop up in different states the lockdown and closing of borders in Nigeria has increased. Every citizen is expected to abide by the lockdown orders for their own safety.

The coronavirus lockdown has affected many Nigerians in different ways be it socially, economically or even mentally. The restriction of movement has disrupted the day to day activities of many Nigerians.

From the onset of the lockdown both public and private schools were made to close down immediately as students were asked to go back to their homes. Although some institutions have found ways to organize online classes in order to keep students busy during the quarantine period as well as to hopefully finish their academic work for the semester, not all students are privileged to have internet access and not all schools are technologically advanced to conduct such activities. This is one of the consequences the lockdown has imposed on a lot of individuals in the country.

Restaurants typically make their money on a daily basis from walk-in customers but due to the social distancing rules, this has drastically reduced or stopped altogether. Before the pandemic one could walk into a restaurant for lunch and meet a lot of customers no matter the day but recently that has changed due to their closure. Now restaurants can only operate on delivery or pick up basis through apps like jumia. Markets are also facing this problem but the difference is that they are unable to make deliveries as they are low income earners who can only pay for their daily expenses with what they gain daily but due to the lockdown people have been unable to earn money and with the little income they earn they will be unable to pay for simple commodities such as food if they are unable to work and gain money after a period of time. Hence, a lot of citizens are afraid that even if the virus doesn't kill them, hunger will.

Although the lockdown and restriction of movement put in place has brought about a lot of discomfort in the lives on many Nigerians, as the number of cases increases daily, it is the only means of stopping the spread of the virus and hopefully helps to flatten the curve of the pandemic and soon enough Nigerians will be able to return to their normal daily lives.