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THE CORONA VIRUS PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENT ON NIGERIANS

The corona virus pandemic and the effects that the lockdown and restriction of movements has on Nigerians. The report was commissioned by the head of English department for 100 levels on the 14th of April 2020; the purpose of the report is to have a clear insight on the covid-19 pandemic and effects of the lockdown. The report will explain situation of that the epidemic has caused and the possible limitations, the backdrop of the report will state how the virus came to be, how it spreads, the symptoms and basic challenges that a victim will encounter. The process of the research is a very simple but detailed way of working; sources used in the research include Aljazeera and other confirmed sources. All the key issues will be looked at to have a quick overview of the pandemic

CORONA VIRUS AND THE SPREAD.

Covid-19 affects people in different ways; most infected people will develop mild to moderate symptoms. It is an ongoing pandemic caused by severe acute respiratory syndrome; the outbreak was identified in Wuhan, china in December 2019. The World Health Organization declared the outbreak to be a public health emergency of international concern on 30 January 2020, and recognized it as a pandemic on 11 March 2020. As of 20 April more than 2.4 million cases of covid-19 have been reported in 185 countries and territories resulting in more than 165,000 deaths. More than 625,000 people have recovered, although there may be a possibility of relapse or reinfection. The first confirmed cases of the pandemic of corona virus disease in Nigeria was announced on 27th February 2020, when an Italian citizen in Lagos tested positive for the virus, caused by SARS-COV-2. On 9th march 2020, a second case of the virus was reported in Ewekoro, Ogun state, a Nigerian citizen who had contact with the Italian citizen.

SYMPTOMS

The common symptoms include

* Fever
* Tiredness
* Dry cough

Some people may also experience

* Aches and pains
* Nasal congestion
* Runny nose
* Sore throat
* Diarrhea

On average it takes 5-6 days from when someone is infected with the virus for symptoms to show, however it can take up to 24 days. People with mild symptoms who are otherwise healthy should self isolate. Seek medical attention if you have a fever, a cough and difficulty breathing, call ahead.

EFFECTS OF THE LOCKDOWN AND RESTRICTIONS OF MOVEMENT ON NIGERIANS.

The lockdown in the country was initiated to prevent the spread on the virus but in doing so, the gross domestic profit of the country has dropped and likewise globally. But the lockdown means additional financial pain for millions of informal laborers who rely heavily on their daily earnings to survive. For instance a bricklayer who commutes to different locations in search of a job and only gets paid when he is hired by building contractors for the day. Meanwhile, electricity remains a major challenge in the country. Most people rely on costly diesel to power their homes and keep business afloat. How are businesses expected to continue in they is constant chronic power shortages. In as much as the safety of Nigerians and the reduction of the spread of the virus was the purpose of the lockdown but it is still affecting individuals financially.

PREVENTIONS

* Clean your hands often, use soap and water, or alcohol-based hand rub
* Maintain a safe distance from anyone who is coughing or sneezing
* Don’t touch your eyes, nose or mouth.
* Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.
* Stay at home if you are unwell
* If you have a fever, a cough and difficulty breathing, seek medical attention, call in advance.
* Follow the direction of your local health authority.

To prevent the spread of the virus the above preventions must be duly followed and stay at home. Information from WHO, ALJAZEERA.

REFERENCES.

* WHO.
* ALJAZEERA.