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Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).

At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments.

SYMPTOMS OF THE VORUS

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate symptoms.

Common symptoms:

fever.

tiredness.

dry cough.

Some people may experience:

aches and pains.

nasal congestion.

runny nose.

sore throat.

diarrhoea.

On average it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.

People with mild symptoms who are otherwise healthy should self-isolate. Seek medical attention if you have a fever, a cough, and difficulty breathing. Call ahead.

STAY HOME.

SAVE LIVES.

Help stop coronavirus

1 STAY home as much as you can

2 KEEP a safe distance

3 WASH hands often

4 COVER your cough

5 SICK? Call ahead

Protect yourself and others around you by knowing the facts and taking appropriate precautions. Follow advice provided by your local public health agency.

To prevent the spread of COVID-19:

1. Clean your hands often. Use soap and water, or an alcohol-based hand rub.
2. Maintain a safe distance from anyone who is coughing or sneezing.
3. Don't touch your eyes, nose or mouth.
4. Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.
5. Stay home if you feel unwell.
6. If you have a fever, a cough, and difficulty breathing, seek medical attention, Call in advance, Follow the directions of your local health authority.
7. Avoiding unneeded visits to medical facilities allows healthcare systems to operate more effectively, therefore protecting you and others.

EFFECTS OF THE LOCKDOWN

The lockdown has had so many effects on people all around the world which is causing a lot of unanswered questions and individuals scared of their lives not to die, because of hunger and suffering all over. This lockdown has its effects as follows .

1. Increase in crime rate in the community
2. Increase in the price of food stuffs
3. Idleness in the society (nobody is working, that means people will not be paid, and if they are not paid no cash to buy that expensive food items therefore hunger and suffering sets in).
4. Underdeveloped places will be in serious suffering

RESTRICTIONS ON NIGERIANS

Nigeria on Monday extended a complete lockdown in major cities for another 14 days as part of measures to stem the spread of the coronavirus, the country's president announced on Monday.

In an address to the nation, Muhammadu Buhari said the decision was taken due to increasing community spread of the coronavirus.

"It has become necessary to extend the current restriction of movement in Lagos and Ogun States as well as the Federal Capital Territory for another 14 days," the president said.

He said the confirmed cases of coronavirus have almost doubled from its initial 131 cases on March 29 -- when he announced the lockdown for the first time -- to 320 on Monday.

Nigeria recorded the first confirmed case of the coronavirus on Feb. 27 in Lagos, nation's commercial hub. The disease has since spread to 20 of total 36 states.

The National Centre for Disease control put the death from the pandemic at 10, while over 85 people have been treated and discharged from isolation centers.

Travel to or from other states should be postponed. All businesses and offices within these locations should be fully closed during this period."

Enforcing a total lockdown will be a mammoth challenge for the authorities in a country where millions of people rely on their daily earnings to survive. As at 20th April we have over 665 cases and 188 people discharge and over 24 people who have lost their lives. "STAY HOME STAY SAFE CORONAVIRUS IS REAL".