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A REPORT ON CORONA VIRUS PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF THE MOVEMENT OF NIGERIANS

The 2019/2020 corona virus pandemic is an ongoing pandemic of corona virus disease 2019(COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-COV-2). The outbreak was identified in Wuhan, China on December 31,2019. Declared to be a Public Health emergency of international concerned on 30th January 2020, and recognised as a pandemic by the World Health Organisation (WHO) on 11th March 2020. As at of 16th April 2020, more than 2.07 million cases of COVID-19 have been reported in two hundred and ten countries and territories, resulting in more one hundred and thirty-seven thousand deaths. More than five hundred and eighteen thousand people have recovered although there may be a possibility of relapse or infection. The death per diagnosed cases varies significantly between countries.

The virus is primarily spread between people during close contact, often via small droplets produced by coughing, sneezing or talking. While these droplets are produced when breathing out, they usually fall to the ground. People may also be infected by touching a contaminated surface and then their faces. The virus can last on surfaces for up to seventy-two hours. It is contagious during the first three days after the onset of symptoms, although spread may be possible before symptoms and in later stages of the virus. Common symptoms include fever, cough and shortness of breath. Complications may include pneumonia and acute respiratory distress syndrome. The time from exposure to onset of symptoms is typically around five days, but may range from two to fourteen days. There is no known vaccine or specific anti-viral treatment for now, but primary treatment is symptomatic and supportive therapy.

Recommended preventive measures includes hand washing, covering ones' mouth when coughing, maintaining distance from other people, monitoring and self-isolation for people who suspect they are infected. Authorities worldwide, have responded by implementing travelling restriction, quarantine, curfew and stay at home orders, work place hazard controls and facilities closures. The pandemic has led to severe Global socio-economical distribution, postponement or cancellation of sporting, religious, political and cultural events and wide spread shortages of suppliers exacerbated by panic buying, schools, universities and colleges have closed either on a

national wide or local basics in one hundred and ninety-seven countries, affecting approximately 99.9% of the world's student's population. This is a pandemic that has shaken the world in all aspect.

The lockdown and restriction of movements on Nigerians have affected a lot due to the cases around the nation. Nigeria has about six hundred and twenty-seven cases as at 20th April 2020, one-seventy discharged cases and about twenty-one deaths, this havoc tends to affect the nation economic as experts have it that the recession after the pandemic, majority have lost their jobs as unemployment rate has increased in Nigeria, interaction has been affected as said about social distancing, hunger strike has dangerously affected a lot of Nigerians because of the shutdown of work place and companies around the nation (only Doctors and Health workers are expected from the lockdown as because they treat the patients affected with the disease). Medical personnel are trying their best to give out ways to stop the pandemic. Government have issued 3.6 million Naira to be given to Nigerians as well as food stuffs and survival equipment's to keep the citizen save from the pandemic, but it may not help because difficulty increases daily in the country. The Federal Government are really trying their best to make sure Nigeria is safe and will need to listen to the preventive measures and put it to act.