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## **Report writing on the Effect of the lockdown and restriction of Movement on Nigerians due to the coronavirus pandemic**

### **Introduction**

Lately, there has been a breakout of a sudden plague called corona virus popularly known as covid-19. Corona virus comes from the family of Coronaviridae, it first had its effect at the end of 2019 in Wuhan an emerging business hub of China, when an outbreak of a disease corona virus that killed more than eighteen hundred and infected over seventy thousand individuals in a fifty day epidemic. However, this virus can be spread easily when in close contact with an infected person like shaking hands, hugging or when they sneeze or cough through which droplets of the virus come into the air and infects anybody that is close to them especially in crowded places. Anybody with this disease have an incubation period of 2-14 days before showing symptoms, this symptoms are sneezing, coughing, high fever not your typical flu or fever and difficulty in breathing at this stage you are going to breathe slowly like you have had a sponge stuck to your throat and when you will try to fill the air in your lungs by inhaling heavily you will feel like you are in short of breath.

Moreover, there is currently no cure or vaccine for this disease so it is advised to follow simple preventive measures that will exempt us from contacting this disease by washing your hands with alcohol based hand wash for at least twenty seconds, avoid touching your eyes, nose and mouth, maintaining a safe distance of at least 2m from others and the use of mask.

### **Corona virus in Nigeria**

Overtime, Corona virus has spread widely as the cases has increased drastically over this past few months and has migrated to various continents, countries and states all over the world like wild fire thus taking the lives of many. During this period some Nigerians like foreign ambassador, citizens had also visited those countries for business purposes and vacation and upon their stay in those countries might have contacted the disease. These citizens after exhausting their stay in the foreign countries returned back to Nigerians thereby bringing the disease and transmitting it to others in the country.

Nevertheless, these cases did not go unnoticed when the infected started showing symptoms and people traced back to the source, the government have made an effort to curb and control

the spread of the virus by creating awareness on the precautionary and safety measures for people to imbibe, medical facilities to test people and isolation centers for those infected people. Since people due to ignorance fail to adhere to instructions and safety measures causing the plague to spread faster and endangering the lives of many. The government after much thought sought advice from the (WHO) world health organization who suggested that the only way to stop this plague from spreading faster is to make to restrict the movement of people and make sure that any place that requires a gathering of people should be lockdown.

### **Effects of Lockdown and Restriction of movement in Nigeria**

Lockdown is an emergency protocol that usually stops people from leaving a place or an area. The federal government has ordered an ultimate lockdown in Nigeria and also restricted the movement of citizens in the country, this has also affected various schools, business places, companies to shut down. But has this lockdown only affected us positively by controlling the spread of the corona virus. However, this lockdown also affected this country negatively which includes poor effects on the various sectors of the economy especially the Agricultural sector. Agriculture is the process of raising crops and rearing animals for man's use, Now that everybody is on lockdown including farmers and factory workers, we have to depend on the crops cultivated before the lockdown and goods produced before the lockdown, but for how long will this lockdown continue and this goods last, when industries are already going low on stocks, prices are going high in the market and food is becoming scarce, the poor are becoming poorer, people who depend on moving about to earn money can no longer do it, people are struggling to survive and some are dying of hunger, other sectors which are thriving through this includes; education, travel and tourism, entertainment and so on.

### **CONCLUSION**

In conclusion, corona virus has caused a lot of things in Nigeria and changed a lot of things in our country, Nigeria. The federal government have been trying their best to ensure that the outbreak in Nigeria can be controlled and stopped immediately, Medical personnel are trying their best to give out ways to stop the pandemic called corona virus. As the outbreak is still in our country and the lockdown is still going on, we should listen to and act to the preventive measures that can keep us safe from this pandemic. The federal government are really trying their best to keep us safe and we need to listen to the preventive measures so as to stop the spread of this virus.