**NAME: AGBEKA LESLEY OBAKORE**

**MATRIC NO: 19/MHS02/006**

**DEPARTMENT: NURSING**

**COURSE: GST 122**

**PANDEMIC OF CORONA VIRUS AND THEEFFECTS OF THE LOCKDOWN AND RESTRICTION OFTHE MOVEMENT OF NIGERIANS**

**DEDICATION:**

The corona virus is an infectious disease that affects the respiratory organs on the person infected. It can easily be contaminated through droplets of water (when two persons stand 1m apart from each other, sneezing and coughing.

Corona virus also known as the COVID19. It was emerged in Wuhan, China on December 31, 2019. Anybody with these pandemic shows symptoms five days but it will range from two to fourteen days. The symptoms are, diarrhoea, cough, shortness of breath, fever and loss of smell. The virus can be easily spread when an infected person is in close contact with a non infected person. It begins when the infected person sneezes, when talking to a non-infected person, in the process, the virus can be contacted through the air especially when it is a crowded place.

Currently there is no vaccine but as our elders say “prevention is better than cure” the preventive measures is by washing one’s hands regularly for twenty seconds, using of hand sanitizers, maintaining physical distance from others at least 2m to 3m, use of face masks and to stay at home also avoiding crowed places.

Presently, the pandemic has been ravaging and put the whole world in health emergency.

**CORONA VIRUS IN NIGERIA.**

Corona virus cases as been increasing drastically in the past few months since February 27th, 2020. It has taken more than a hundred thousands of lives in other countries where some Nigerians too visited, and this make covid19 spread spontaneously, especially from foreign returnees and international travelers who are Nigerians. Government has made an effort through the Nigerian Center for Disease Control(NCDC) to control the spread of the virus. They create awareness on precautionary measures for people to abide, they provide medical facilities to test people. President MUHAMMED BUAHARI declared that some vulnerable states should be locked down. Some states observe them like Lagos, Abuja, Warri, Osun, Sapele, Ekiti, port Harcourt etc.

**NCDC (NIGERIAN CENTER FOR DISEASE CONTROL):** It is the government agency with the mandate to coordinate the surveillance, detection, and response to infectious disease control outbreak. Over the last three years, NCDC has deployed a new tool for disease surveillance. The surveillance, outbreak response management and analysis system(SORMAS) is a system jointly developed between NCDC and HZI(Helmholtz centre for infections) . so far so good, NCDC has supported states for improved coordination of outbreak preparedness and response. NCDC is located in Osun, Lagos, Oyo, Abuja, Sokoto, Kaduna, Kano, Ebonyi, Borno, Plateau, rivers.

**EFFECTS OF LOCKDOWN AND RESTRICTION OF MOVEMENTS IN NIGERIA**

Lockdown is an emergency protocol that usually prevents people or information from leaving an area. The federal government has ordered an ultimate lockdown in Nigeria and this prevent the restriction of movement among the Nigerians. There are positive and negative effects of the lockdown in Nigeria.

Positive effects of the lockdown in Nigeria are;

* It allows family to bond together and do things together
* It corrects a child mistakes and adjusts him/her
* Spend more time with God
* Relaxation to those who don’t have time for themselves before the lockdown
* Reduce the virus from spreading more further from other countries to our country
* It makes people reasons to think about how to do businesses online
* People are now wiser to make their plans flexible knowing that there is nothing that can’t be cancelled

Negative effects of the lockdown include:

* It introduces vices which includes stealing, prostitution, armed robbery and so on
* It has a poor effect on the economy
* It leads to the increase in the prices of limited goods in the market.
* The poor becomes poorer
* People struggle to survive
* School students can’t go to school like primary, secondary and tertiary students, which cause idleness.
* The school academic calendar is extended. Students will graduate as an when due. Their time is extended.

**CONCLUSION:**

In conclusion, corona virus has caused a lot of things in Nigeria and changed a lot of things in our country, Nigeria. We as Nigerians should put our country into prayer because with GOD all things are possible why I say so is that Nigerians living in this country today with no cause of alarm in by the GRACE AND POWER of GOD in our lives. The federal government of Nigeria though the federal ministry of health has been trying their best to ensure that the outbreak in Nigeria is been controlled and stopped as soon as possible. The NCDC has been activated in national emergency operation center working in different states in Nigeria. Medical personnel are trying their best to give out ways to stop the pandemic called corona virus. As the outbreak is still in our country and the lockdown is still going on, we should listen and act to the preventive measure that can keep us safe in this pandemic. The federal government are really trying their best to make sure Nigeria is safe and we need to listen to the preventive measures and put it to act and by the POWER AND MERCIES OF GOD the pandemic of COVID 19 will be wiped out of the human race in JESUS name I have prayed AMEN.