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Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol-based rub frequently and not touching your face and staying at home by that way you be protecting yourself and others.

EFFECT OF LOCKDOWN AND RESTRICTION OF MOVEMENT ON PEOPLE.

1. LACK OF FOOD STOCKS AND ITEMS

Due to this lockdown, people are not able to buy food items and stocks to keep them health and safe, because they can't go out and buy more for themselves or their family.

2. NO SOURCES OF INCOME

For those who deal with self-oriented business such as trading, tailoring, driving jobs and small scalar jobs in Nigeria. Their income is per job done so due to the lockdown and the restriction of movements they are not able to perform their jobs and get their income.

3. SLOW DOWN OF THE EDUCATIONAL SYSTEM

For students due to the lockdown they are at home instead of being in school learning or for some people writing exams so this is not able happen thereby postponing school work which affects the educational system.