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A REPORT ON THE CORONA VIRUS PANDEMIC INDICATING THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENT ON NIGERIANS.

The Corona virus pandemic is currently and ongoing pandemic which is caused by Severe Acute Respiratory Syndrome (SARS-CoV-2). The virus was identified in December 2019 in Wuhan, China and since then has had over two million recorded cases in about 189 countries. The World Health Organisation declared the outbreak to be a Public Health Emergency of International Concern on the 30th of January 2020, but it was not until the 11th of March 2020 that it was declared a pandemic. Although the virus has claimed the lives of more than 171,000 individuals, over 658,000 have been said to have recovered, though there are tendencies of reinfection.

The first case of Corona virus disease in Nigeria was confirmed on the 27th of February, 2020. The patient was said to have returned from Milan, Italy to Lagos, Nigeria on the 25th of February. He was said to be clinically stable and was put under surveillance by the Virology Laboratory of the Lagos University teaching hospital. After a period of one month, the presidency declared a lock down which began on the 30th of March and is still ongoing. This lockdown has affected the citizens of the country in many ways, some of which are stated below.

Firstly, there are many Nigerians who live off their daily wages and can only afford to buy what they need at the moment. These people are unable to cope during this lockdown period and may be forced to begin a life of crime just to sustain them and their family members or even worse, they may die during this period. Secondly, there are numerous Nigerians who do not have a place to stay or even a mere roof over their heads. These people have nowhere to live and so cannot obey the law of isolation which has been declared by the presidency. This set Nigerians are very prone to the virus and may not be able to attain adequate health care.

Lastly, this restriction of movement has given many Nigerians the time they need to build themselves in ways they couldn't due to their day to day activities. Some have taken this time to exercise and get that "dream body" they've been wishing for, others have decided to explore themselves and discover their hidden talents, among others.

Although this lockdown may be difficult, we Nigerians ought to develop a positive attitude towards it so that we don't get caught on the left side of the rules.