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COURSE: GST 122 (ENGLISH)

MATRIC NO; 19/LAW01/199

## A REPORT ON THE CORONA VIRUS PANDEMIC AND EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENT ON NIGERIANS.

Corona virus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

The COVID-19 virus affects different people in different ways, COVID-19 is a respiratory disease and most infected people will develop mild to moderate symptoms and recover without acquiring special treatment. People who have underlying medical conditions and those over 60 years old have a higher risk of developing severe disease and death. Common symptoms may include fever, tiredness, dry cough, sore throat, aches and pains, shortness of breath and a few people would report diarrhea, nausea or runny nose. People with mild symptoms who are otherwise healthy should self-isolate and contact their medical provider or information line for advice on testing and referral. People with fever, cough, or difficulty breathing should call their doctor or seek medical attention.

The COVID-19 spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes so it's important to practice respiratory etiquette e.g. coughing into your elbow. The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

In Nigeria, the first case of COVID-19 was confirmed in Lagos State on the 27<sup>th</sup> of February 2020, it was the first case to be reported in Nigeria since the

beginning of the outbreak in china in January 2020. Presently, there is over 600 cases of Corona Virus in Nigeria, over 188 people have recovered while over 20 deaths has been recorded, there is no accurate figure in my report because the spread of the infection is growing every day, while worldwide there is a total of over two million cases, over six hundred thousand recovery and over a hundred thousand deaths. Due to the spread of the infection and the rate at which it could be spread due to proximity, the government in many nations established a lockdown rule whereby individuals should stay at home in order to eradicate the spread of this deadly virus. The effects of the lockdown in Nigeria has brought with its fears of financial hardships though the Nigerian Government announced that it would be disbursing emergency funds to households as well as to low income individuals but yet individuals are hungry and lamenting in hardship especially individuals with meager income whose businesses were shut alongside the lockdown. The economic effects of the lockdown have proven tough for businesses to handle. There is also low production of goods and services which are essential for the success of the industry and since there is a movement restriction in the country, there cannot be movement for the distribution of goods and services because this may spread the infection and this has caused a low impact on the economic status, However, it is more appropriate to consider the economic burdens movement restrictions has major consequences for the economic revenue of farms.

Individuals can no longer go about their daily activities because due to the lockdown, various economic places have been shut down even public places such as mosques, churches and schools and due to the lockdown there is a ban on social functions and gatherings as individuals are not allowed to host a large gathering with celebration (social distancing) else a breach to this rule could cause confinement or community service.

Individuals should try to obey the rules concerned with the lockdown to prevent the spread of this deadly virus as it has claimed lives and we should work together to use all preventive measures so it could be over soon. The Government and Non- Governmental organizations should try in coming to the aid of people who have no access to relief materials and safety etiquettes.