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CORONAVIRUS. THE EFFECTS OF LOCKDOWN AND ITS RESTRICTION ON NIGERIANS MOVEMENT.

Coronavirus are groups of related viruses that causes infection in mammals and birds. In humans, corona viruses causes respiratory tract infections that can range from mild to lethal. Mild illness include some traces of mild cough which has no common cuause and lethal can cause SARS, MERS, AND COVID-19. It was first discovered in the 1930s when an acute respiratory disease affected chickens while human coronavirus was discovered in the 1960s. it was derived from a latin word “corona”meaning crown or wealth and the name was first used in the 1980s, they are large spherical particles with bulbous surface projections. The infection begins when the viral spike attaches to its contemporary hosts cell receptor. After attachment a protease of the hosts cell cleaves and activates the receptor attached to the spike protein, its incubation period is within 14 days and it can be transmitted easily from one person to another it can cause pneumonia and other respiratory diseases therefore it is advised that people stay safe by washing their hands regulary, eating balanced diet and maintaining social distancing especially three feets away from another individual

By observing all the safety measures one can avoid the coronavirus and reduce the rate of it in the country.

EFFECTS OF LOCKDOWN IN NIGERIA.

On march 11, 2020 coronavirus was declared a global disease by the world health organization with that declaration global businesses reduced and the lockdown was enforced thereby restricting movements within and outide the country. The sudden fear of corona has brought families together inevitably

For families the pandemic has linked family members and loved ones together to fight against the disease together