NAME: KALU RICHARD IHEANYICHUKWU

DEPAERTMENT: COMPUTER SCIENCE

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 ASSIGNMENT

*CORONA VIRUS PANDEMIC AND THE EFFECT OF THE LOCKDOWN AND RESTRICTION OF MOVEMENTS ON NIGERIANS.*

**INTRODUCTION**

Corona virus also known as the COVID19. It was emerged in Wuhan, China on December 31,2019.Corona virus belongs to the Coronaviridae family in the Nidovirales order.At the end of 2019,wuhan an emerging business hub of china experienced an outbreak of the disease corona virus that killed more than eighteen hundred and infected over seventy thousand individuals within the fifty days of epidemic. Anybody with this pandemic shows symptoms five days but it will range from two to fourteen days. The symptoms are, diarrhoea, cough, shortness of breath, fever and loss of smell. The virus can be easily spread when an infected person is in close contact with a non infected person. It begins when the infected person sneezes, when talking to a non-infected person, in the process, the virus can be contacted through the air especially when it is a crowded place.

 Currently there is no vaccine but as our elders say “ prevention is better than cure” the preventive measures is by washing ones hands regularly for twenty seconds, maintaining physical distance from others, use of masks and so on.

Presently, the pandemic has been ravaging and put the whole world in health emergency.

**SYMPTOMS:** Common symptoms include:

* Fever, Dry cough, Diarrhea, Tiredness, Aches and pains, Runny nose, Nasal congestion, Sore throat,

On average it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.

**PREVENTIONS:**

i) Clean your hands often. Use soap and water, or an alcohol-based hand rub.

ii) Maintain a safe distance from anyone who is coughing or sneezing.

iii) If you have a fever, a cough and difficulty in breathing, seek medical attention. Call in advance.

iv) Follow the directions of your local health authority.

*EFFECTS OF THE LOCK DOWN AND MOVEMENT RESTRICTION IN NIGERIA*

**POSITIVE EFFECTS**

* It allows family to bond together and do things together
* Reduce the virus from spreading more further from other countries to our country
* Relaxation to those who don’t have time for themselves before the lockdown

**NEGATIVE EFFECTS**

* School students can’t go to school like primary, secondary and tertiary students, which cause idleness.
* The school academic calendar is extended. Students will graduate as an when due. Their time is extended.
* It introduces vices which includes stealing, prostitution, armed robbery etc.

**CONCLUSION**

In conclusion, Corona virus has really taken its toll on not only Nigeria but also the world. The federal government of Nigeria though the federal ministry of health have been trying their best to ensure that the outbreak in Nigeria is being controlled and stopped immediately. Also with help of the NCDC (Nigerian Center for Disease Control). Medical personnel are trying their best to give out ways to stop the pandemic called corona virus. We should listen and act to the preventive measure that can keep us safe during this pandemic.