NAME: EZEH VICTOR ONYEDIKACHI

DEPARTMENT: MICROBIOLOGY

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Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease,its causes, and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face and staying at home by that way you are protecting yourself and others from the spread of this virus.

Effects of the lockdown and restriction of movement on people.

1 LACK OF FOOD STUFFS AND ITEMS

Due to this lockdown, people are not able to buy food items and stocks to keep them healthy and safe, because they can’t go out and buy more for themselves and their family.

2 NO SOURCE OF INCOME

For those who deal with self-oriented business such as trading, tailoring, driving jobs and small scalar jobs in Nigeria. Their income is per job done so due to the lockdown and the restriction of movements they are not able to perform their jobs and get their income.

3 SLOWDOWN OF THE EDUCATIONAL SYSTEM

For students due to the lockdown they are at home instead of being in school learning or for some people writing exams so this is not able to happen thereby postponing school work which affects the educational system.