

NAME: ADK. UNWANNINGI GHAMAKA
MATHS NO: 191MHS010742
DEPARTMENT: MEDICINE AND SURGERY
COLLEGE: MEDICAL AND HEALTH SCIENCES
COURSE: G. 2.1 122

ASSIGNMENT

Write a report, of not more than two pages, on the corona virus pandemic and the effects of the lockdown and restriction of movements on Nigerians.

ANSWER

First and foremost, what does the term 'pandemic' entail.

A pandemic describes an infectious disease where we see significant and ongoing person-to-person spread in multiple countries around the world at the same time. Pandemics are more likely if a virus is brand new, able to infect people easily and can spread from person-to-person in an efficient and sustained way.

Coronavirus appears to tick all of those boxes.

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. The disease was first identified in December, 2019 in Wuhan, the capital of Hubei, China and has since spread globally resulting in the 2019-2020 corona virus pandemic. Common symptoms may include fever, cough and shortness of breath. Emergency symptoms include difficulty in breathing, persistent chest pain or pressure, difficulty in walking, and bluish face or lips. Immediate medical attention is advised if these symptoms are present.

The virus is typically spread during close contact and via respiratory droplets produced when people cough or sneeze. It may also spread when one touches a contaminated surface and then their face. The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using alcohol based rub frequently and not touching your face. It is also important that we practice

respiratory etiquette (for example, by coughing into a flexed elbow).
The coronavirus COVID-19 pandemic is the defining global health challenge we have faced since World War Two. Since its emergence in Asia last year, the virus has spread to every continent except Antarctica. Cases are rising daily in Africa, the Americas, and Europe. Countries are racing to slow the spread of the virus by testing and treating patients, carrying out contact tracing, limiting travel, quarantining citizens, and cancelling large gatherings such as sporting events, concerts, and schools.
The pandemic is moving like a wave - one that may yet crash on those least able to cope.

but COVID-19 is much more than a health crisis. By stressing every one of the countries it touches, it has the potential to create devastating social, economic and political crises that will leave deep scars. We are in uncharted territory. Many of our communities are now unrecognizable. Dozens of the world's greatest cities are deserted as people stay indoors by government order (total lockdown). Across the world, shops, theatres, restaurants and bars are closing.

Every day, people are losing jobs and income, with no way of knowing when normality will return. Small island nations, heavily dependent on tourism, have empty hotels and deserted beaches.

In conclusion, we must rebuild trust and cooperation within and among nations, and between people and their government, because together we can fight the virus and keep safe.