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The coronavirus pandemic, effects of the lockdown and restriction of movements on Nigerians.

The coronavirus pandemic has been on for the past two months, it commenced early February and since then it has affected the nation.

Coronavirus ~~can~~ has been stated as any group of RNA viruses that cause a variety of diseases in humans and other animals, it affects the upper respiratory system. The common symptoms of this disease are fever, severe cough, headache and so on, which after fourteen days manifest in the individual infected.

It is said to have started in Wuhan which is located in China since last year and was bringing out its popular name "COVID-19". Due to the virus

The government issued a total lockdown everywhere in order to avoid the spread. This involves the total lockdown of schools, suspension of religious gatherings, markets, places of entertainment e.g. sport centres. The lockdown has affected a variety of people in cases where people are dying of hunger due to unavailability of food which is as a result of the lockdown, robbery cases have also increased in states like Lagos where there is total restriction of movement. There has been a high increase in the lack of basic amenities such as food, water, light etc.

I have to say that even though there is a lockdown and restriction of movement on Nigerians there should also be a means by which constant light, water and food are made available so that the people do not die from hunger. Secondly if the provision of social amenities is not made available or

is not possible then there should be a partial lockdown instead so that citizens are able to provide for themselves and families adequately as well.

In conclusion, I appreciate the presidency and the government for the various efforts to curb the spread of this deadly virus.

Together we can stop the spread of the deadly virus by daily washing of hands and usage of sanitizers, social distancing, and listening to the daily advice and instructions of the health personnel and lastly Prayer. Together we will be safe.