

NAME: STEPHEN HELEN EBIAREDO

MATRIC NO: 19/MHS02/112

DEPARTMENT: NURSING

COURSE: GST 122

A REPORT ON CORONA VIRUS PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF THE MOVEMENT OF NIGERIANS

INITIATION:

Corona virus also known as the COVID19 emerged in Wuhan, China on December 31, 2019. Corona virus belongs to the *Coronaviridae* family in the Nidovirales order. At the end of 2019, Wuhan, an emerging business hub of china experienced an outbreak of the disease corona virus that killed more than one thousand eight hundred people and infected over seventy thousand individuals within the fifty days of epidemic. Anybody with this newly discovered virus shows symptoms within five days but it will mostly range from two to fourteen days. The symptoms are, diarrhoea, cough, shortness of breath, fever and loss of smell. The virus can be transmitted when respiratory droplets of the infected person come in contact (within 1m) with a non-infected person. Transmission may also occur by direct contact with infected persons and indirect contact with surfaces in the environment of an infected person.

Currently there is no vaccine for the virus but as it is said “prevention is better than cure”. The preventive measures include; washing of hands frequently and regularly, respiratory etiquette, environmental cleaning and disinfection, as well as maintaining physical distances and avoidance of close, unprotected contact with people with fever or respiratory symptoms.

Presently, the pandemic ravaging has put the whole world in a global health emergency.

CORONA VIRUS IN NIGERIA.

Corona virus cases as been increasing drastically in the past few months since February 27th , 2020. It has taken more than a hundred thousands of lives in other countries where some Nigerians too visited. The virus has indeed spread like wild fire, especially from foreign returnees and international travelers who are Nigerians. Government has made an effort through the Nigerian center for disease control (NCDC) to curb the spread of the virus. They have created awareness on precautionary measures for people to imbibe and have also provided medical facilities to test people. The president has declared that states with the most cases be locked down such states include, Lagos, the nation’s capital F.C.T (Abuja) and a few others.

NCDC (NIGERIAN CENTER FOR DISEASE CONTROL): It is a government agency with the mandate to coordinate the surveillance, detection, and response to any and all infectious disease outbreak. Over the last three years, the NCDC has deployed a new tool for disease

surveillance. The surveillance, outbreak response management and analysis system (SORMAS) is a system jointly developed between NCDC and HZI (Helmholtz centre for infections). As observed the NCDC has supported states for improved coordination of outbreak preparedness and response. NCDC is located in Osun, Lagos, Oyo, Abuja, Sokoto, Kaduna, Kano, Ebonyi, Borno, Plateau, and Rivers.

EFFECTS OF LOCKDOWN AND RESTRICTION OF MOVEMENT IN NIGERIA

Lockdown is an emergency protocol that usually prevents people or information from leaving an area. The federal government has ordered an ultimate lockdown in Nigeria and this restricts movement among the Nigerians. There are positive and negative effects of the lockdown in Nigeria.

The positive effects of the lockdown in Nigeria are:

- It improves the relationship of individuals.
- It serves as relaxation to those who do not have time for themselves.
- It reduces the spread of the virus.
- It allows people think about internet related plans.

The negative effects of the lockdown include:

- It has a poor effect on the economy.
- It leads to an increase in the prices of limited goods in the market.
- It increases the level of crime rate.
- Students are unable go to schools (primary, secondary and tertiary schools) which cause idleness.
- The calendars of various organisations and institutions have been disrupted.
- It leads to hunger.

CONCLUSION:

In conclusion, corona virus has caused a lot of things in Nigeria and has changed the flow of things in the country. The federal government of Nigeria though the federal ministry of health have been trying their best to ensure that the outbreak in Nigeria is be controlled and properly dwelt with immediately. The NCDC has been activated in all national emergency operation centers working in different states in Nigeria. Medical personnels are trying their best to give out ways to stop the pandemic called corona virus. As new cases pop up in the country and the lockdown goes down, we should endeavour to listen and act out the preventive measures given by health organizations in order to stay safe in this pandemic.