NAME: Osibanjo Ayoyimika Ezekiel

MATRIC NO: 19/MHS01/363

DEPARTMENT: MBBS

COURSE: GST 122

 **THE EFFECTS AND RESTRICTION OF THE CORONA VIRUS ON NIGERIANS**

**INITIATION:**

This disease is also known as the COVID19. It was emerged in Wuhan, China on December 31,2019.Corona virus belongs to the Coronaviridae family in the Nidovirales order.At the end of 2019,wuhan an emerging business hub of china experienced an outbreak of the disease corona virus that killed more than eighteen hundred and infected over seventy thousand individuals within the fifty days of epidemic. Anybody with this pandemic shows symptoms five days but it will range from two to fourteen days Currently there is no vaccine but as our elders say “ prevention is better than cure” the preventive measures is by washing ones hands regularly for twenty seconds, maintaining physical distance from others, use of masks and so on.

Presently, the pandemic has been ravaging and put the whole world in health emergency.

**CORONA VIRUS IN NINIGERIA**

The corona virus made it’s way into Nigeria on the 27th of February 2020 when an Italian citizen tested positive for the virus. On the 9th of March 2020, a second case of the virus was reported in Ewekoro, Ogun state, a Nigerian citizen who had come in contact with the Italian citizen

Corona virus cases as been increasing drastically in the past few months . Government has made an effort through the Nigerian center for disease control(NCDC) to curb the spread of the virus. They create awareness on precautionary measures for people to imbibe, they provide medical facilities to test people. Today in Nigeria there are 665 confirmed cases of the Corona virus with 188 patients recovered (Including Speaker Frank Okiye) and 22 unfortunate deaths

**NCDC (NIGERIAN CENTER FOR DISEASE CONTROL) :** It is the government agency with the mandate to coordinate the surveillance ,detection, and response to infectious disease control outbreak. . so far so good, NCDC has supported states for improved coordination of outbreak preparedness and response. NCDC is located in Osun, Lagos, Oyo, Abuja, Sokoto, Kaduna, Kano, Ebonyi, Borno, Plateau, rivers.

**EFFECTS OF LOCKDOWN AND RESTRICTION OF MOVEMENT IN NIGERIA**

Lockdown is an emergency protocol that usually prevents people or information from leaving an area. The federal government has ordered an ultimate lockdown in Nigeria and this prevent the restriction of movement among the Nigerians. There are positive and negative effects of the lockdown in Nigeria. The positive effects of the lockdown in Nigeria are

* It allows family to bond together and do things together

Relaxation to those who don’t have time for themselves before the lockdown

* Reduce the virus from spreading more further from other countries to our country
* Gives us time to engage in more recreational and mental activities

The negative effects of the lockdown includes:

* It leads to the increase in the prices of limited goods in the market.
* The poor becomes poorer
* People struggle to survive
* Isolation from society tends to lead to loneliness and increase in the risk of depression, obesity, high blood pressure and Alzheimer’s.
* Isolation from society tends to reduce a person’s self-esteem after a while

**CONCLUSION :**

In conclusion, corona virus has caused a lot of things in Nigeria and changed a lot of things in our country, Nigeria. The federal government of Nigeria though the federal ministry of health have been trying their best to ensure that the outbreak in Nigeria is been controlled and stopped immediately. The NCDC has been activated in national emergency operation center working in different states in Nigeria. Medical personnel are trying their best to give out ways to stop the pandemic called corona virus. As the outbreak is still in our country and the lockdown is still going on, we should listen and act to the preventive measure that can keep us safe in this pandemic. The federal government are really trying their best to make sure Nigeria is safe and we need to listen to the preventive measures and put it to act