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Report on Corona Virus pandemic effect of lockdown

The outbreak of Coronavirus disease 2019 (COVID-19) has created a global health crisis that has had a deep impact on the way we perceive our world and our everyday lives. Not only the rate of contagion and patterns of transmission threaten our sense of agency, but the safety measures put in place to contain the spread of the virus also requires social distancing by refraining from doing what is inherently human, which is to find solace in the company of others. Within the context of physical threat, social and physical distancing, as well as public alarms.

The virus, it's sneaky, intimate name. What does it feel like in the body today? Shivering under blankets. A hot itch behind the eyes. Three sweat-shirts in the middle of the day. My sister trying to put another blanket over my body with arms. An ache in the muscles that somehow makes it hard to lie still. This loss of taste has become a kind of sensory quarantine keeps locking closer and closer to my inside. First I lost touch of other bodies, then I lost the air. I lost taste of fruits. Nothing about any of these losses is unique. I've made a schedule so I don't go insane further more. Most people infected with the ~~found~~ COVID-19 (COVID-19) virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular diseases, diabetes chronic respiratory disease, and cancer are more likely to develop serious illness. The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it's spread. protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching

your face.

The COVID-19 virus spread primarily through droplets of saliva or discharge through droplets from the nose when ~~and~~ an infected person coughs or sneezes. So it's important that you also practice respiratory ~~etiquette~~ (for example, by coughing into a flexed elbow). At this time, there are no specific vaccines or treatment for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. ~~WHO~~ World Health Organisation (WHO) also continue to provide updated information. Some of the most striking imagery of the impact of the Coronavirus outbreak have been photos of empty streets and tourist ~~hotspots~~ hotspots. As part of attempt to limit the spread of COVID-19, governments have instituted lock down measures and banned public gatherings. Most in Nigeria, the state government has asked schools to shut down and banned public gathering particularly religious congregations. Millions of Nigerians observing the COVID-19 lockdown lack the food and income that their families need to survive. Nigerian researcher at human right needs to combine these with the government to combine public health measures with efforts to prevent the pandemic from destroying the sources of livelihoods of the society's poorest and vulnerable people.