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ASSIGNMENT TITTLE: FORMS OF WRITING

QUESTION: Write a report, of not more than two pages, on the Corona virus pandemic and the effects of the lockdown and restriction of movement on Nigerians.

THE CORONA VIRUS PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF OVEMENT ON NIGERIANS

 Well right now the world we all thought was safe to live in is not safe anymore due to a certain pandemic which is causing crisis in our world. Research is being carried out to find the cure of this deadly disease but the only means to stop this disease from spreading and killing is by restricting the movement of people. This pandemic seems to be doing more harm than we thought it would do. Nevertheless what is a pandemic.

 Pandemic is defined as an outbreak of a disease that occurs over a wide geographic area and affects an exceptionally high proportion of the population. The pandemic that is affecting us right now is called **Corona virus 2019 (COVID-19)**  is an infectious disease caused by severe acute respiratory syndrome corona virus 2 (SARS-Co V-2). The disease was first identified in December 2019 in Wuhan, the capital of China's Hubei province, and has since spread globally, resulting in the ongoing 2019-2020 corona virus pandemic. The first case of what was then the unknown corona virus was traced back to November 2019 in Hubei province. Corona virus affects different people in different ways. Most infected people will develop mild to moderate symptoms. Common symptoms include fever, tiredness, and dry cough. Some people may experience: aches and pains, nasal congestion, runny nose, sore throat and diarrhea. Well as of today April 21, 2020, the world has recorded more than 2.5million cases of corona virus have been recorded across 185 countries, over 176,860 deaths, more than 650,000 people have recovered from the deadly disease. COVID-19 is spread through respiratory droplets when an infected person coughs, sneezes or speaks. People can also be infected by touching a contaminated surface and then their eyes, mouth or nose. You can also catch the virus, no matter how sunny or hot the weather is. To protect yourself, make sure you clean your hands frequently and thoroughly and avoid touching your eyes, mouth and nose. The virus can survive on surfaces for up to 72 hours. It is most contagious during the first three days after the onset symptoms, although spread may be possible before symptoms appear and in later stages of the disease. On 11 March 2020, the World Health Organization characterized the spread of COVID-19 as a pandemic.

 As they say prevention is better than cure, that is the case of the situation we all are ion. There is no sure cure for the virus which is killing thousands right now, so all we can do is to take preventive measures so we will not contact this deadly disease. There is a lot more to this disease than what the internet tells us and this is why we should all be careful and listen to what they tell us. The virus is not a joke, it is deadly and we will not love to catch it. Recommended measures to prevent infection include frequent hand washing, maintaining physical distance from others especially those showing symptoms of the virus, covering coughs and sneezes with a tissue or inner elbow, and keeping unwashed hands away from the face. Wearing masks is recommended in some countries and not in others. Currently, there is no vaccine or special antiviral treatment for COVID-19, the only way is prevention and management. Management involves treatment of symptoms, supportive care, isolation, and experimental measures. Those infected with the virus may be asymptomatic or develop flu-like symptoms such as fever, cough, fatigue, and difficulty breathing. Emergency symptoms include difficulty breathing, persistent chest pain or pressure, confusion, difficulty waking, and bluish face or lips; immediate medical attention is needed if these symptoms are present. Less commonly, upper respiratory symptoms such as sneezing, runny nose or sore throat may be seen. Gastrointestinal symptoms such as nausea, vomiting and diarrhea have been observed in varying percentages.

 The pandemic has caused a severe global social crisis and disruption, including one of the largest global recessions in history. It has led to the postponement or cancellation of a lot of activities like sports, religious activities, political and cultural events. Most schools, universities and colleges have shut down due to the fast rising of the virus affecting 99.9% of the student population in the world. Ever since the outbreak of the pandemic, the course of the activities of the world changed drastically leaving people in a state of disarray. The views of people have changed and this has caused a lot of confusion.

 In Nigeria today where everyone is a hustling and bustling to feed themselves and their family, where students are trying hard to finish school at the required 3,4, or 5 years of their program, where market sellers need to sell their products to make money, where the unemployed need to go job hunting everyday. The effect of corona virus is really much over here and it has put everyone in a state of disarray and confusion. They say the only means of prevention is to isolate ourselves and stay in our homes but there are people that are homeless and do not have food to eat unless they beg. We do not have a good government. The government is not even talking to us and keeping us updated. The effects of the restriction of movement is really drastic. People are dying of hunger. But the restriction of movement is for our own good. The purpose of the restriction of movement is to help reduce the spread of the virus and keep the citizens safe. We should cooperate with the government and obey the rules and self isolate and stay at home and pray for the country. We can do this by supporting each other and sharing love to the world. Let us stay at home and heal the world.

 Mba Uchenna Abali