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Question:

Write a report, of not more than two pages, on the Corona virus pandemic and the effects of the lockdown and restriction of movement on Nigerians.

Answer:

COVID-19 AND ITS EFFECTS ON NIGERIANS

COVID-19 which stands for *Corona virus disease 2019* is an illness caused by corona virus disease. Human corona viruses are common from over the years with several names and are typically associated with mild illnesses, similar to the common cold.

Symptoms of human corona viruses may be very mild or more serious, such as:

- Fever
- Cough
- Difficulty breathing

Symptoms may take up to 14 days to appear after exposure to the virus.

Corona viruses are most commonly spread from an infected person through:

- respiratory droplets when you cough or sneeze
- close personal contact, such as touching or shaking hands
- touching something with the virus on it, then touching your eyes, nose or mouth before washing your hands

These viruses are not known to spread through ventilation systems or through water.

The best way to prevent the spread of infections is to:

- wash your hands often with soap and water for at least 20 seconds;
- avoid touching your eyes, nose or mouth, especially with unwashed hands;
- avoid close contact with people who are sick;
- cough and sneeze into your sleeve and not your hands;
- practice physical distancing at all times;
- stay home if you are sick to avoid spreading illness to others; and
- wear a non-medical mask or face covering mask (i.e. constructed to completely cover the nose and mouth without gaping, and secured to the head by ties or ear loops) to protect the people and surfaces around you.

The Lockdown has had a very ill effect on Nigerians but also has successfully secured individuals from the deadly virus. Because of this lockdown on Nigerians, Some people do not have money to provide food for their families in the extended period, Hospitals are closed down, Churches and Schools have been on hold till further notice. This all started as an epidermic in Wuhan, China and suddenly became a Worldwide pandemic.

The lockdown has also caused the price of Oil to drastically drop. The price of crude oil (the mainstay of the Nigerian economy) tumbled like never before in the last 20 years. It went to as low as below \$20 per barrel from above \$60 just before the pandemic. It has never been this bad in the last two decades and this has made a mess of the Nigerian federal government's budget estimates for 2020; making salaries payment, debt obligations and other projections uncertain. This is clearly so because the price of crude oil, which contributes over 90% of Nigeria's externally-generated revenue, now hovers around \$30 per barrel, which is far less than the budget's benchmark of \$57 per barrel, and this signifies tough times ahead. The world economy is now declared to be in recession by the World Bank/IMF, and could eventually lead to the deepest depression since 1929.

From the restriction of Nigerian's movement, Individuals are being careful to be able to fend for themselves and family, by preventing any form of contamination and acquiring of this virus and any other kind of this sort, has allowed people to work on themselves, has even better unite some families together.

NB: Not saying it's a good thing for the virus to be available.

I conclude by saying that Nigerians should keenly adhere to the precautionary measures to prevent the spread because it is evident that the country did not prepare to arrest the earlier cases of importation of COVID-19 as of January when the news was known from the Chinese outbreak but it wasn't until 18th March, 2020 that Nigeria finally placed a travel ban on 13 High incident countries till 23rd March, 2020 when international countries where banned too after several returnees have already melted into the communities. So we Nigerians should stay home and safe.

I highly recommend that Nigerians look into the COVID-19 news on either the World Health Organization, WHO website or The Nigerian Centre for Disease Control, NCDC website for more awareness and information.

References:-

- The Impact on Nigeria of the corona virus pandemic: socioeconomic pandemonium-The Internet.
- The Implication of Covid-19 pandemic on the Nigerian economy- CSEA website.