NAME: ADENIYI SAMUEL ADEBIYI

MATRIC NO: 19/MHS01/035

DEPARTMENT: MEDICINE AND SURGERY

COURSE: GST 122

 **REPORT ON CORONAVIRUS AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTION OF THE MOVEMENT OF NIGERIANS**

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment.  Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness. The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol-based rub frequently and not touching your face. The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it’s important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow). At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. WHO will continue to provide updated information as soon as clinical findings become available.

**CORONA VIRUS IN NIGERIA.**

Coronavirus cases as been increasing drastically in the past few months since February 27th, 2020. It has taken more than a hundred thousands of lives in other countries where some Nigerians too visited, and this make covid19 spread like wild fire, especially from foreign returnees and international travelers who are Nigerians. Government has made an effort through the Nigerian center for disease control(NCDC) to curb the spread of the virus. They create awareness on precautionary measures for people to imbibe, they provide medical facilities to test people. The president declared that some vulnerable states should be locked down. Some states observe them like Ogun, Osun, Ekiti and so on and so forth

**NCDC (NIGERIAN CENTER FOR DISEASE CONTROL):** It is the government agency with the mandate to coordinate the surveillance, detection, and response to infectious disease control outbreak. Over the last three years, NCDC has deployed a new tool for disease surveillance. The surveillance, outbreak response management and analysis system(SORMAS) is a system jointly developed between NCDC and HZI(Helmholtz centre for infections) . so far so good, NCDC has supported states for improved coordination of outbreak preparedness and response. NCDC is located in Osun, Lagos, Oyo, Abuja, Sokoto, Kaduna, Kano, Ebonyi, Borno, Plateau, rivers.

**EFFECTS OF LOCKDOWN AND RESTRICTION OF MOVEMENT IN NIGERIA**

Lockdown is an emergency protocol that usually prevents people or information from leaving an area. The federal government has ordered an ultimate lockdown in Nigeria and this prevent the restriction of movement among the Nigerians. There are positive and negative effects of the lockdown in Nigeria. The positive effects of the lockdown in Nigeria are

* It brings families together
* Relaxation to those who don’t have time for themselves before the lockdown
* It reduces the spread of the virus to different states
* It creates a more technological oriented business
* People are now wiser to make their plans flexible knowing that there is nothing that can’t be cancelled

The negative effects of the lockdown includes:

* It introduces social vices which includes armed robbery and prostitution.
* It has a negative effect on the country’s economy.
* People struggle to make ends meet.
* School students can’t go to school like primary, secondary and tertiary students, which cause idleness.
* The school academic calendar is extended. Students will graduate as an when due. Their time is extended.

**CONCLUSION :**

In conclusion, coronavirus has caused a lot of things in Nigeria and changed a lot of things in our country, Nigeria. The federal government of Nigeria though the federal ministry of health have been trying their best to ensure that the outbreak in Nigeria is been controlled and stopped immediately. The NCDC has been activated in national emergency operation center working in different states in Nigeria. Medical personnel are trying their best to give out ways to stop the pandemic called corona virus.