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CORONAVIRUS DISEASE 2019(COVID-19), IT'S EFFECTS ON NIGERIAN REPORT

INTRODUCTION

The 2019 coronavirus disease otherwise known as covid-19 is an infectious disease caused by coronavirus. The Human coronaviruses were first discovered in the 1960s. The earliest ones studied were from human patients with the common cold, which were later named human coronavirus. The epidemic which started in China has now become a pandemic causing many deaths all over the world, it spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes. The COVID-19 virus affects different people in different ways. COVID-19 is a respiratory disease and most infected people will develop mild to moderate symptoms and recover without requiring special treatment. People who have underlying medical conditions and those over 60 years old have a higher risk of developing severe disease and death.

Common symptoms include:

- fever
- tiredness
- dry cough.

Other symptoms include:

- shortness of breath
- aches and pains
- sore throat
- and very few people will report diarrhea, nausea or a runny nose

Corona virus in Nigeria

Cases of people with the deadly virus as the case may be has drastically been increasing in the last few months since February 27th, 2020. As at April 19, 2020, there have been 541 cases, 19 deaths and 166 people recovering from the disease. The Nigerian government in collaboration with the World Health Organization (WHO) in order to curb the disease from spreading even more issued a decree for all learning institutions to be shut down and as at last month issued

another order which says that all citizens should remain indoor in their respective homes not having a gathering of more than ten (10) people.

CONTROL MEASURES FOR THE DISEASE

The NCDC (Nigerian Center for Disease Control) is a government agency with the mandate to coordinate the surveillance, detection and response to infectious diseases control outbreak. This body of people have been on alert since the start of the disease and see to it that anybody who as much is showing as little symptom as possible is properly examined. They also have been sending safety tips and measures on how to keep safe and live a safety life, as our movements have been restricted. Some of these safety measures are; wash your hands regularly, use hand sanitizers in absence of soap and water, drink enough water, do not touch your face, exercise at least an hour a day, etcetera.

CONSEQUENCES OF THE LOCKDOWN AND RESTRICTIONS ON NIGERIANS

A lockdown is an emergency protocol that usually prevents people or information from leaving an area. The protocol can usually only be initiated by someone in a position of authority.

This lockdown as earlier mentioned has caused negative and positive effects to the Nigerians.

Negative effects;

- Those who are not well to do economically and, who depend on their daily income to make ends meet will have nothing to survive on as the lockdown is in place.
- Some others who live in very congested areas, having ten to twelve people live in a house of only two rooms.
- Students have also been affected as they do not know when the pandemic would be over so as for them to resume their daily school activities.
- Some others might even develop ill health due to idleness or over feeding themselves.

Positive effects;

- As some families never spent quality time with their families, this is the time to get to know their kids and even their wives better.
- It encourages people to discover their talents as they have all the time they may have ever wanted
- It opens peoples mind to doing creative things and also reading novels and books in general to improve vocabulary.

CONCLUSION

Coronavirus pandemic took a different toll on everyone and has a put some in a state of confusion, if or not the pandemic will end, if or not we would resume our daily lives as the virus

continues to spread rapidly with no cure nor treatment yet to be discovered. In my opinion, it has caused more harm than good to we Nigerians and I hope this nightmare would end soon as it has begun. As the NCDC has been very active in collaboration with the government trying their possible best to guard the situation, Nigerians will have to obey the lockdown as is hasn't been disclosed if it's going to be extended or not.