**MBAH PRECIOUS OBIANUJU**

**19/MHS01/243**

**MBBS**

**GST 122 ASSIGNMENT**

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment.  Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it’s important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).At this time, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments.

**EFFECTS OF THE LOCKDOWN AND RESTRICTION OF MOVEMENTS ON NIGERIANS.**

* The restrictions have sent financial markets into free fall, but they have also given residents in some of the world’s most polluted cities something they have not experienced in years: clean air.
* The coronavirus pandemic has led to an increase in air quality all around the world.
* Lockdowns have resulted in factories and roads shutting, thus reducing emissions.
* It causes hunger strike and causing hoodlums to roam about the streets and stealing and causing chaos.
* Labour workers are forced to stay home and not work, thus causing their souce of income to seize.
* The lockdown has affected the Nigerian economy and the likelihood that the nation’s already high inflation rate could rise even further.
* It has caused unprecedented recession in the country.
* It has led to the increase in generation pollution. Power supply is poor is Nigeria, the lockdown has led to the pollution of the environment because citizens will always put on their generators.
* There will be scarcity of essential commodities because the people will buy out the essential commodities.