

Clinical trials evaluating potential treatments. WHO will continue to provide up to date information of the COVID-19 outbreak, available on WHO website and through your national and local public health authority. Most people who become infected experience mild illness and recover, but it can be more severe for others. Take care of your health and protect others by doing the following:

- 1 Wash your hands frequently for 20-30 seconds with soap and water in order to kill the viruses present on your hands
- 2 Maintain social distancing at least 1 metre (3 feet) from anyone who is coughing or sneezing
- 3 Avoid touching eyes, nose and mouth because once contaminated hands touch those areas you will be infected.
- 4 If you have fever, cough and difficulty in breathing seek medical care early
- 5 Stay informed and follow advice given by your health care provider
- 6 Most importantly stay at home.

Dzama Ruth Eli  
191115001002  
Human Anatomy  
English Assignment

Coronavirus disease (Covid-19) is an infectious disease caused by a newly discovered virus. Most people infected with Covid-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is to be well informed about Covid-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol based rub frequently and not touching your face.

The Covid-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example coughing into a flexed elbow).

At this time, there are no specific vaccines or treatments for Covid-19. However, there are many ongoing