NAME: OGUNLEYE PRECIOUS ADERAYO

MATRIC NO: 16/MHS02/034

COURSE CODE: NSC 408

COURSE TITLE: ADVANCE MEDICAL SURGICAL NURSING 2

ASSIGNMENT

EMERGENCY CARE

**MANAGEMENT OF CARDIAC ARREST**

* Check if the person is unresponsive by shaking the person and loudly asking “ ARE YOU OKAY” , if there’s no response turn the patient’s body face up and look to determine if breathing has stopped
* Call for medical aid
* Then place a towel or a piece of clothing and lay it over their mouth and nose of the patient
* Start CPR. Kneel by the patient and put the heel of you4 hand in the middle of their chest
* Put your other hand on top of the first. interlock your fingers making sure they don’t touch the ribs
* Keep your arms straight and lean over the patient
* Press down hard to a depth of about 5-6 cm before releasing the pressure, allowing the chest to come back up
* Do not give rescue breath
* Continue to perform CPR till emergency help arrives or the patient starts showing signs of life or a defibrillator is ready to be used

**MANAGEMENT OF CARBONMONOXIDE POISONING**

* Move the person away from carbon monoxide area into fresh air
* Encourage the patient to breath normally
* If the person is unconscious, check for injuries before moving.
* Turn off carbon monoxide source if you can do so safely.
* Begin CPR if necessary
* If the person is unresponsive, not breathing, or not breathing normally
* Perform CPR for one minute before calling for medical aid
* Continue CPR until the person begins breathing or emergency help arrives.

**MANAGEMENT OF PATIENT WITH EPISTAXIS**

* Place the patient in a sitting up position with head tilted forward to prevent back flow of blood
* Pinch bridge of the nose firmly for 3-5 minutes and encourage patient to breathe through the mouth
* Apply cold compress on the forehead to constrict blood vessels
* Instruct patient not to blow the nose
* If the bleeding does not stop within 5 minutes apply adrenaline nasal pack
* Send for medical aid if bleeding does not stop.
* Keep specimen of blood for doctors examination
* Arrange for transportation to the hospital

**MANAGEMENT OF PATIENT WITH FOREIGN BODY IN THE EYES**

* Wash your hands with soap and water
* Seat the person in a well-lighted area
* Instruct patient not to rub the eye
* Gently examine the eye to find the object
* Ask the patient to look up
* Draw the lower lid down .if object is visible remove with corner of moist cloth
* If ot visible, pull upper lid while the person looks down
* If the object is floating in the tear film on the surface of the eye, try using a medicine dropper filled with clean, warm water to flush it out
* If unsuccessful, cover injured eye only and seek medical aid