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## **CORONAVIRUS& ITS EFFECT OF THE LOCKDOWN**

The World Health Organization (WHO) has declared the new corona virus outbreak, which originated in Wuhan, China, a pandemic.

As of April 20, the global death toll surpassed 168,500 amid more than 643,000 people have recovered from the disease worldwide, according to the data collected by the John Hopkins University in the United States.

The corona virus family causes illnesses ranging from the common cold to more severe diseases such as severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS), according to the WHO. They circulate in animals and some can be transmitted between animals that have not yet infected humans. The new corona virus, the seventh to affect humans, has named COVID-19.

Common signs of infection include fever, coughing and breathing difficulties. In severe cases, it can cause pneumonia, multiple organ failure and death. The incubation period of COVID-19 is thought to be between one and 14 days. It is contagious before symptoms appear which is why so many people get infected. Infected patients can be also asymptomatic, meaning they do not display any symptoms despite having the virus in their systems.

China alerted the WHO to cases of unusual pneumonia in Wuhan on December 31. COVID-19 is thought to have originated in a seafood market where wildlife was sold illegally. On February 7, Chinese researchers said the virus could have spread from an infected animal to humans through illegally trafficked pangolins, prized in

Asia for food and medicine. Scientists have pointed to either bats or snakes as possible sources.

The WHO declared the virus a pandemic on March 11 and said it was “deeply concerned by the alarming levels of spread and severity” of the outbreak. The recommended basic hygiene such as regularly washing hands with soap and water, and covering your mouth with your elbow when sneezing or coughing. Maintain “social distancing” keeping at least 1.8 meters between yourself and others particularly if they coughing and sneezing, and mouth with unwashed hands. Avoid unnecessary, unprotected contact with animals and be sure to thoroughly wash hands after contact. With all these measures not still helping out it lead to the measure of bringing up a lockdown measure for all benefits by the WHO. This meant that everyone is meant to stay indoors, all borders in a the world is closed for all I know .Although the lockdown is for the benefit for all it also posses as a major effect to a lot of people if not all.

The effects of lockdown and restrictions are: The urban poor in small countries depend heavily on informal food systems. People are required to stay at home unless buying food and medicine. Businesses are closed, those that are self employed in small trade business such as food stuff are no longer selling while they stay at home on the days they are told to stay at home and go to markets on the days they are told to go and sell in their mini market. Public transport such as buses and taxis are being suspended which is loss to them because their means of income for them to take care of themselves and family is not there, they are said to have money issues. Those whose shop or businesses are not allowed to open for sales are facing money issues ,which can lead to poor diet ,hunger, malnutrition, armed robbery, restlessness ,fatigue and if total care is not taken death. Only supermarkets and formally registered markets remain open for daily necessities such as food, drugs, toiletries, beverages and fruits.