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**MATRIC NO: 16/MHS02/021**

**Assignment Title:** Emergency Nursing  
**Course Title:** Advanced Medical/ Surgical Nursing II  
**Course Code:** NSC 408

QUESTIONS

1. Management of cardiac arrest

2. Management of carbon monoxide poisoning

3. Management of epistaxis

4. Management of foreign body in the eye

ANSWERS

**Management of cardiac arrest**

Place the client on a flat surface

Monitor vital sign especially the respiration &pulse

Give CPR: Push hard and fast Push down at least two inches at a rate of 100 to 120 pushes a minute in the center of the chest, allowing the chest to come back up to its normal position after each push.

Ensure patent airway

Reassure patient

Arrange for medical aid

**Management of carbon monoxide poisoning**

* Move the person away from carbon monoxide area.
* If the person is unconscious, check for injuries before moving.
* Turn off carbon monoxide source if you can do so safely.
* Begin CPR, if the person is unresponsive, not breathing, or not breathing normal
* Monitor vital signs
* Reassure patient
* Arrange for medical aid

**Management of epistaxis**

* Assess the site of bleeding from the nose
* Reassure the patient
* Ensure the victim sits down and head forward to prevent swallowing or aspiration of blood
* Loosen tight clothing round the neck or chest
* Place the patient in a ventilated area
* Instruct victim to breathe from the mouth and pinch the nose for 10 to 15 minutes
* Slightly insert a small gauze into the nostril and apply a digital pressure if the bleeding continues
* Gently clean the nostril to mob the dribble
* apply an ice pack to the bridge of your nose to further help constrict blood vessels (which will slow the bleeding) and provide comfort
* Arrange for medical aid

**Management of foreign body in the eye**

* Reassure victim
* Begin by rinsing the eye with a saline solution or clean water
* Assess and examine the eye to know the position of foreign object
* Instruct victim not to touch the eye or attempt to remove the object
* Instruct victim not to itch the eye
* Arrange for medical aid