NAME: IWUOHA AKWAUGO FAVOUR

DEPARTMENT: PHARMACY

MATRIC NO: 19/MHS11/075

COURSE CODE: GST 122

A REPORT ON COVID-19 PANDEMIC AND THE EFFECTS OF THE LOCKDOWN AND RESTRICTIONS OF MOVEMENT ON NIGERIANS.

Thesis Statement: Coronavirus outbreak pandemic, have taken over the world. Resulting to alot of problems and damages mostly lockdown and restrictions of movement on Nigerians.

Coronaviruses(CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS- CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). Coronaviruses are zoonotic, meaning they are transmitted between animals and people. Detailed investigations found that SARS-CoV was transmitted from civet cats to humans and MERS-CoV from dormendary camel. COVID-19 disease is an infectious disease caused by a newly discovered Coronavirus. It was discovered in December 2019 which lead to the name COVID-19, in Wuhan an industrial city in China. Several cases are increasing rapidly since March 1st 2020, the disease has taken more than thousands of lives this past few months. Statistically, the worldwide confirmed cases are over 2 million with over 512 thousands recovered and over 137 thousands dead. Common signs of infection includes; respiratory symptoms, fever, dry cough, difficulty in breathing, shortness of breath and headache. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome (SARS), kidney failure and even death. Standard recommendations to prevent infection spread includes; regular hand washing with soap and clean water, covering mouth and nose when coughing and sneezing, wearing a preventative face mask, thoroughly cooking of meats and eggs and avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing preferably 1.5 meters away and maintain social distancing. There is no specific vaccine or drug to prevent or treat this infection, so it is best advised to stay home as much as you can.

EFFECTS OF THE LOCKDOWN AND RESTRICTIONS OF MOVEMENT ON NIGERIANS.

Due to the pandemic disease, the Federal Government has issued a stay at home, lockdown, restrictions of movement and self isolation order to her citizens in Nigeria. This is also applicable to citizens of other countries. As the saying goes, an idle man is the devil's workshop so this period will definitely have negative effects on people. Some of the effects includes;

1. Poverty: Individuals whose lives depend on their daily income are left with nothing in this period. Some do the 011 or 101 or even 110 routine of feeding. Such people might develop sickness due to improper balance diet and in severe cases results to death. Although efforts are been made by the Government to provide food for their subjects but these food don't get to everyone. Poverty breeds hunger, sickness and death which are also effects of lockdown on Nigerians.

2. Delay of Justice: Cases that are yet to be handled in court are kept until further notice due to this outbreak. Offenders are detained in the prison until there is a head way out of this situation, making it uncomfortable for their families and loved ones.

3. Unemployment: This outbreak has caused unemployment on the part of graduates, who finished studying and goes in search of a job only to be kept on lockdown. Individuals who don't have enough money to sustain him/ her for this period might indulge into stealing and breaking people's houses in search of food or money. Unemployment breeds stealing.

4. Stagnant: As we all know, nothing seems to be moving this time. There's no head way when this lockdown and period will be over. Nothing is moving forward, everyone is just sitting at home.

5. Students resorts to online businesses:. Students who were asked to vacate school as a result of the disease remain idle at home and diverse means of making money with their moblie phones. In most cases these ways might be illegal and might lead to alot of dangers.

The Positive Effects Of Lockdown On Nigerians are;

Creates time for oneself and loved ones, in most cases where they are always out of the town or country. Enables one to learn different skills.