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Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads.

The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, The coronavirus known as COVID-19 spreads from person to person in close proximity, similar to other respiratory illnesses, such as the flu. Droplets of bodily fluids such as saliva or mucus from an infected person are dispersed in the air or on surfaces by coughing or sneezing.

These droplets can come into direct contact with other people or can infect those who pick them up by touching infected surfaces and then their face.

According to scientists, coughs and sneezes can travel several feet and stay suspended in the air for up to 10 minutes.

It is not yet known how long the virus can survive outside a host but, in other viruses, it ranges from a few hours to months.

Transmission is of particular concern on transport, where droplets containing the coronavirus could pass between passengers or via surfaces like aeroplane seats and armrests.

The lockdown have affected a lot of stuffs in Nigeria such as businesses, social gathering, school and the major ones food production. Hunger is one stuff that kills due to the lack of movement, people can not go out to buy food stuffs, some don't even have the money to buy food stuffs .